



JODY WAARDENBURG LEAD PHOTOGRAPHER

The Wilfrid Laurier Golden Hawks are now 0-3 after losing 33-20 to the York Lions Saturday afternoon, the first loss to York since 2002.

Loss plunges Hawks to 0-3

SHELBY BLACKLEY
SPORTS EDITOR

It's hard to look at the positives.

Three weeks into the Ontario University Athletics (OUA) football season, there are merely two teams in the 11-team conference that have yet to earn two points.

One is the newcomer, the Carleton Ravens. The team, made up of a large portion of freshmen and inexperienced players, sits at 0-2 after losing their home opener to the Waterloo Warriors 47-8.

The other? The Wilfrid Laurier Golden Hawks. With a 0-3 record.

Not only did the rain not take a break anytime throughout the four quarters on Saturday afternoon, but sack after sack, turnover after turnover and penalty after penalty pushed the Hawks to give up a 15-2 lead, as Miles Gibbon and the York Lions walked over the visitors en route to a 33-20 win.

An 0-3 start — which the Hawks have not been a victim of since 2002, when they finished the season 1-7 — means another long season for Laurier.

More importantly, with the OUA powerhouses still to come in the Hawks' schedule, it could mean a season without a berth in the OUA playoffs — the first time since that dreadful 2002 season.

"I think the coaches take the losses harder than the players sometimes, and a lot of our players are 18, 19 years old. Some of the veteran guys take the losses a little harder, much like a coach," head coach Michael Faulds said Tuesday, before the week's set of practices in preparation for Saturday's game. "So, the overall spirit of the team is good. I wouldn't have said that on Sunday, but as we get further along into the week, the past is the past and everyone's kind of focused for Waterloo."

Coming into the 2013 campaign,

the men's football team knew things weren't going to be easy. After a 3-5 season featuring three games without a point, four games without a touchdown and a 34-0 quarterfinal blowout, Faulds came in to take the program in a new direction.

And while the OUA record doesn't hold much as valuable evidence, the team does look better on the field in some regards. The no-huddle offence that Faulds implemented has worked well for an offence that didn't produce a touchdown for 24 straight quarters, as the drought was snapped last Monday against the Toronto Varsity Blues. The Hawks even got on the board against the Lions twice with consecutive touchdowns — from both a reception and a rush.

"We have to build off every loss and take the things that we did well and learn from the things that we didn't do well," Faulds said. "So, we look at our last two games in

"We have to build off every loss and take the things that we did well and learn from the things that we didn't do well."

—Michael Faulds, head coach for the Golden Hawks

particular, and the UofT game two weeks ago we played well in the second half, and this past week, we played well in the first half. So our goal this

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Students drink up

While some are careful, others are prone to bad habits

ALLY FLACK
STAFF WRITER

Drinking and partying have become a distinctive aspect of university and college culture and, with two growing universities in town, Waterloo is swarming with students, some of whom exhibit hazardous drinking patterns.

Binge drinking is typically defined as five drinks or more in a short period of time for a male and four drinks or more for a female. It is often done deliberately, with the intent of intoxication.

According to the Waterloo Region Community Assessment of 2011, undergraduate students are more likely to drink heavily than other students. In Waterloo Region, 19.8 per cent of youth aged 12 and over report binge drinking at least once a month, while 40 per cent of adults aged 20 plus have binge drank at least once in the last year.

Health education and promotion co-ordinator at Wilfrid Laurier University, Marilyn Nieboer explained how the drinking is not necessarily always a problem; however, it is definitely an area of concern.

"Most students don't get into a problem. They've figured out that alcohol is toxic and there is a limit that they can take. There are a few situations where it's abused and over-used and that is a problem. Education and awareness is important," Nieboer explained.

According to the Alcohol Use Disorders Identification Test, in Ontario, 45.1 per cent of post-secondary students exhibit at least one dangerous drinking pattern.

"Drinking has always been in the picture, but the total amount is shocking and frightening," said Nieboer.

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Inside

Head-to-head

In this week's "Weigh-in," two columnists debate the impact of 7 a.m. classes at Laurier

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Road to recovery

The cause of the fire that devastated St. Jacobs last week is still unknown despite reopening

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Shine time

The first-years raised \$161,170 for cystic fibrosis research and awareness during O-Week

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Lighting up

Canadian musician Lights treats the first-years at the on-campus party during O-Week

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Editor’s choice
St. Jacobs attempts recovery
Local, page 8



Editor’s choice online
Interview with Lights
thecord.ca



THE CORD

The tie that binds Wilfrid Laurier University since 1926

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Colophon

The Cord is the official student newspaper of the Wilfrid Laurier University community.



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Preamble to The Cord constitution

The Cord will keep faith with its readers by presenting news and expressions of opinions comprehensively, accurately and fairly. The Cord believes in a balanced and impartial presentation of all relevant facts in a news report, and of all substantial opinions in a matter of controversy.

The staff of The Cord shall uphold all commonly held ethical conventions of journalism. When an error of omission or of commission has occurred, that error shall be acknowledged promptly. When statements are made that are critical of an individual, or an organization, we shall give those affected the opportunity to reply at the earliest time possible. Ethical journalism requires impartiality, and consequently conflicts of interest and the appearance of conflicts of interest will be avoided by all staff.

The only limits of any newspaper are those of the world around it, and so The Cord will attempt to cover its world with a special focus on Wilfrid Laurier University, and the community of Kitchener, Waterloo, and with a special ear to the concerns of the students of Wilfrid Laurier University. Ultimately, The Cord will be bound by neither philosophy nor geography in its mandate.

The Cord has an obligation to foster freedom of the press and freedom of speech. This obligation is best fulfilled when debate and dissent are encouraged, both in the internal workings of the paper, and through The Cord’s contact with the student body. The Cord will always attempt to do what is right, with fear of neither repercussions, nor retaliation. The purpose of the student press is to act as an agent of social awareness, and so shall conduct the affairs of our newspaper.

Quote of the week:
“So do I”
–Lead Reporter Ashley Denuzzo when Life Editor Alanna Fairley told everyone polar bears yell when they poop

Inside

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Bag o’ Crime

Follow @WLUSCS on Twitter

Injured Sick Person:
Location: Off Campus
Reported: Monday, September 02, 2013 @ 1:03 a.m.
SCS was called to the student residence Willison Hall where they located a male with his face covered in blood. He was identified as a 20 year old WLU student. It was determined that he had been the victim of an assault. He had been walking with a friend in the vicinity of Ezra and Albert St. They were accosted

by three males and a female. Words were exchanged and then the encounter turned physical. The victim was struck in the face with a fist. He declined the involvement of WRPS or the assistance of EMS. He was assessed by ERT and taken to Grand River Hospital by a friend with a suspected broken nose. No descriptors were provided of the suspects.

Lost & Found Property:
Location: Northdale Campus- upper garden area
Reported: Sunday, September 01, 2013 @ 8:22 a.m.
SCS Officers were on mobile patrol at Northdale Campus when they were approached by a male advising that he believed a vagrant had been living in the bushes by the community garden. Officers did not locate the male. Numerous toiletries, clothing and garbage were scattered over the area.

Assist Other Service:
Location: Stadium- off campus lot
Reported: Monday, September 02, 2013 @ 10:57 p.m.
SCS Officer received a report from a male that his vehicle, a black 2011 Lincoln MRX had been stolen from

an off campus parking lot while he was watching the WLU Football game at the Stadium. The registered owner of the vehicle stated he left his keys in the car. WRPS was notified of the incident. A patrol of the area was completed with negative results.

By-Law Complaint:
Location: Mid Campus
Reported: Wednesday September 04, 2013 @ 10:25 p.m.
Wilfrid Laurier University Special Constable Service was on mobile patrol of campus acting as a marker for an ambulance when a female Laurier student was observed pulling her shorts down and urinating adjacent to the marked cruiser.

Graffiti:
Location: Woods Building
Reported: Wednesday September 04, 2013 @ 1:39 a.m.
The Officer advised Dispatch of graffiti that was found on the white board of DAWB 101-A. He advised there was an obscene drawing in black marker. The drawing has now been erased.

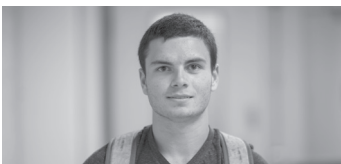
Read the full *Bag o’ Crime* at thecord.ca

Vocal Cord

What was your most memorable O-Week moment?



“Shinerama was pretty good.”
– Bohishan Siri
first-year, BBA



“The concert, Lights, those DJs — it was a lot of fun.”
–Jesse Melanson
first-year, sociology



“The cheer off!”
– Adwoa Toku
second-year, sociology



“The Get Involved Fair and introducing first years to campus clubs.”
–Heather Barnes
fourth-year, history



“There were DJs in the field, so the on-campus party!”
– Natasha Reynolds
third-year, psychology


Compiled by Ryan Hueglin
Photos by Ryan Hueglin

Corrections:

In the Sept. 1 issue of The Cord, Opinion Editor Dani Saad’s ‘Yanks My Cord’ mistakenly stated that Seinfeld was on for 10 seasons when in fact it was on for nine. We apologize for this minor error.

Editor’s Note:

The Features section will return for the Sept. 18 issue of The Cord



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RYAN HUEGLIN PHOTOGRAPHY MANAGER

Frosh week activities had some updates this year, including a headphone party for the On-Campus Celebration and two opening ceremonies, held on the move-in days.

New O-Week programs run smoothly

In spite of some drinking-related issues, frosh organizers found the Orientation Week to be a success

MARISSA EVANS
CAMPUS NEWS EDITOR

The energy, excitement and spirit of Orientation Week (O-Week) has been slowly dying down with the start of the fall semester, but these words are still bouncing around campus as students discuss the events of the past week.

2013 O-Week at Wilfrid Laurier University spanned September 1-7, with over 600 volunteers helping the 2,940 first-year students on the Waterloo campus who registered for it make the transition to university.

While the structure of O-Week was largely the same as other years, it did see some new additions such as the headphone disco at the On-Campus Celebration (OCC) on Tuesday night.

“We’re still getting more [survey] results back — but at the moment from the students who responded

they rated it an 8.84,” explained Annie Constantinescu, president and CEO of the Students’ Union.

This involved students wearing headphones rather than having speakers blasting music late into the night. Part of the thought process behind this was to reduce the noise emitting from campus which, in past years, nearby residents have complained about.

“You could basically hear how much better it was,” said Alex Macdonald, director of orientation. “If you were on another city block you’d never be able to tell we were having a party outdoors. And then once you saw it, it basically looked like any other party that we’ve ever hosted.”

This year, two opening ceremonies were held as opposed to one large ceremony.

“They rolled out just like any other opening ceremony we’ve had in other years,” Macdonald said.

Though the turnout for Laurientation, the series of info sessions held to teach students non-academic skills, wasn’t as high as other events during O-Week, according to Constantinescu, the students who attended “said they did learn from it” and, in her opinion, it was “very successful.”

The last change that was made was to Game Show Night. In past years Uh-Oh has been played, but this year new game shows were incorporated to encourage greater student engagement.

“It just had a general more feeling of enjoyment from everyone in the crowd,” said Macdonald.

Overall, Constantinescu found the week ran very smoothly.

“Nothing big happened that required my attention.”

In past years, the bulk of incidents occurred at the OCC, resulting in students getting their bracelets

cut. In response to this, Drew Piticco, student conduct administrator, has been meeting with students the following morning to discuss their cases.

This year, Piticco — alongside Constantinescu, Seth Warren, vice-president of finance and administration and Leanne Holland Brown, dean of students — met with 20 students. Last year, 31 violations of the non-academic student code of conduct were reported during the OCC.

“We want to see them really quickly the next day, hopefully before noon,” explained Piticco. “So that whatever sanction we usually give out, they have some time to complete and they can get their O-Week bracelet back to participate again and eat and all those things.”

The sanction is generally a one-to-three page reflection. In his two years doing this, Piticco said they have never not given a student their

bracelet back.

The goal of the meetings, he explained, is to educate students, rather than shame them.

“It’s not just about getting you back into O-Week,” he continued. “It’s how do you move forward now knowing that there’s a student code of conduct, knowing there’s special constable services, knowing that we are trying to support a safe and positive environment.”

All of this year’s cases involved an alcohol-related offence, or behaviour that occurred, in Piticco’s opinion, as a result of alcohol use.

But speaking to the week overall, Macdonald said, “This is probably one of the smoothest orientation weeks that I’ve seen in my five years partaking in it. We didn’t really have any problems that came up. Because even if we did, they were resolved the second of. My executive team did a fantastic job this year.”

Drinking practices ‘very concerning’

—cover

Not all students drink heavily. However, often students are grouped together and work up a negative reputation in relation to partying.

“You hate to say everyone’s doing it because it’s not true. But we do have students hospitalized for alcohol positioning,” said Nieboer.

“Are we concerned about that? Very.”

The director of campus wellness at the University of Waterloo, Mark Beadle, discussed what he described as a common misconception that all students drink excessively.

“Students should be aware that not everybody is drinking. Their perceptions around who’s drinking and who’s not are very skewed,” he explained.

Beadle advises students to change their outlook on alcohol and practice strategies for safe drinking and partying.

“Students should consider, when they’re going to party and do social things, to avoid having alcohol consumption as the main component of the social gathering,” Beadle

“Alcohol can cause death. People don’t seem to think that. We think it’s fun, but rarely think of the risks associated.”

—Marilyn Nieboer, health education and promotion co-ordinator at WLU

suggested.

University of Waterloo, similar to many other universities, offers students help through health services with their Drink Wise program if they are having problems abusing alcohol.

The issues surrounding binge drinking in Waterloo are also monitored locally in the community.

The Waterloo Regional Police Services (WRPS) deal with various situations and misconduct issues, which arise due to excessive abuse of alcohol.

“From a police perspective it is very concerning due to the number of calls we get,” said Andrew Sharen, community resource officer for WRPS.

When dealing with issues of

excessive drinking police or special constables are often called in, sometimes charging students with public intoxication.

In more extreme cases where there is a medical concern, such as with cases of alcohol poisoning, they can be hospitalized in lieu of charges.

Sharen gave some tips for students, or anyone who is going out to drink, and what they can do to ensure the safety of themselves and those around them.

“Use a strategy of moderation, know their limits as far as their tolerances for alcohol, pace themselves. If they find they are exhibiting signs of intoxication, stop and switch to water. Be aware of how their own bodies reacts to alcohol,”

advised Sharen.

When it comes to the reputation of the students of Waterloo, which often reflects upon the educational institutions, drinking in moderation is important.

“The minority and the behaviors of the few can paint the student population as a whole and that’s not fair,” said Sharen.

“It is difficult when everyone gets painted with the same brush on a Monday morning.”

However, as dangerous binge drinking patterns and the extreme amounts that are occasionally consumed are worrisome, students should be fully informed of the potential consequences.

“Alcohol can cause death. People don’t seem to think that. We think it’s fun, but rarely think of the risks associated, there are all sorts of possibilities of regret,” concluded Nieboer.

In a growing university town the student population is high, and for the safety of all students, and people of the community, it is advised that drinking is carried out safely and in moderation.

19.8%

Youth 12 and over who binge drink at least once a month in Waterloo Region

40%

Adults age 20 and up who binge drank at least once in the past year in the Region

45.1%

Ontario post-secondary students who exhibit a dangerous drinking pattern

CAMPUS

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'Shine' gets surprise funds

LAUREN BURNSIDE
CORD NEWS

Torrential downpour did not stop students at Wilfrid Laurier University from shining on Shine Day, held this past Saturday.

The Laurier Shinerama campaign overall raised \$161,970.90 before expenses, topping last year's total. Once expenses have been calculated, the Shine team will know whether they accomplished their goal of donating \$135,000 to Cystic Fibrosis Canada.

Campaigning spans from the Year End Party until Shine Day, which takes place on the last day of Orientation Week (O-Week).

"I am so thrilled with how the whole campaign went," said Olivia Montgomery, Laurier Shinerama coordinator. "I could not have asked for a better team and I could not have asked for more support from the Orientation Week volunteers."

In particular, she emphasized her appreciation for her executive team.

"The amount of work my exec team put in was absolutely phenomenal," she continued. "They worked so hard and made a lot of amazing things happen to make the campaign as successful as it was."

This year's total received an unexpected, last-minute boost from outside sources.

The night before Shine Day,

Montgomery received an exciting phone call. The School of Business and Economics Students' Society (SBESS) 2013 Major League Summer Baseball (MLSB) conveners wanted to make a donation of \$7,500 to Shinerama.

Michael Simone, Duncan McConney, Ian deRuiter, Matthew Bagin and Jennie McPherson presented the money to Montgomery on behalf of MLSB on Sunday in the 2-4 Lounge.

Simone explained that the team had a great summer and their numbers were better than expected. As a result, they decided they would give back to the Laurier community.

"Although we're not affiliated with Laurier, the Laurier community is a big part of what we do, so we decided to support them," he said.

Montgomery said, "The donation is incredible because the team had already helped Shinerama by supplying the bats and balls for the softball tournament."

The softball tournament was Laurier Shinerama's third annual, an event held each summer to raise additional funds for their campaign.

From the beginning of the season, the team knew they would donate what they had left over to Shinerama. They had their donation ready since early July, but kept it a surprise so that it would be more exciting.

Shine Day has taken place at Laurier since 1961. From shining shoes, to standing on the streets yelling "chuck your change," students and the Shinerama team have drawn on a variety of fundraising ideas to collect money over the years.

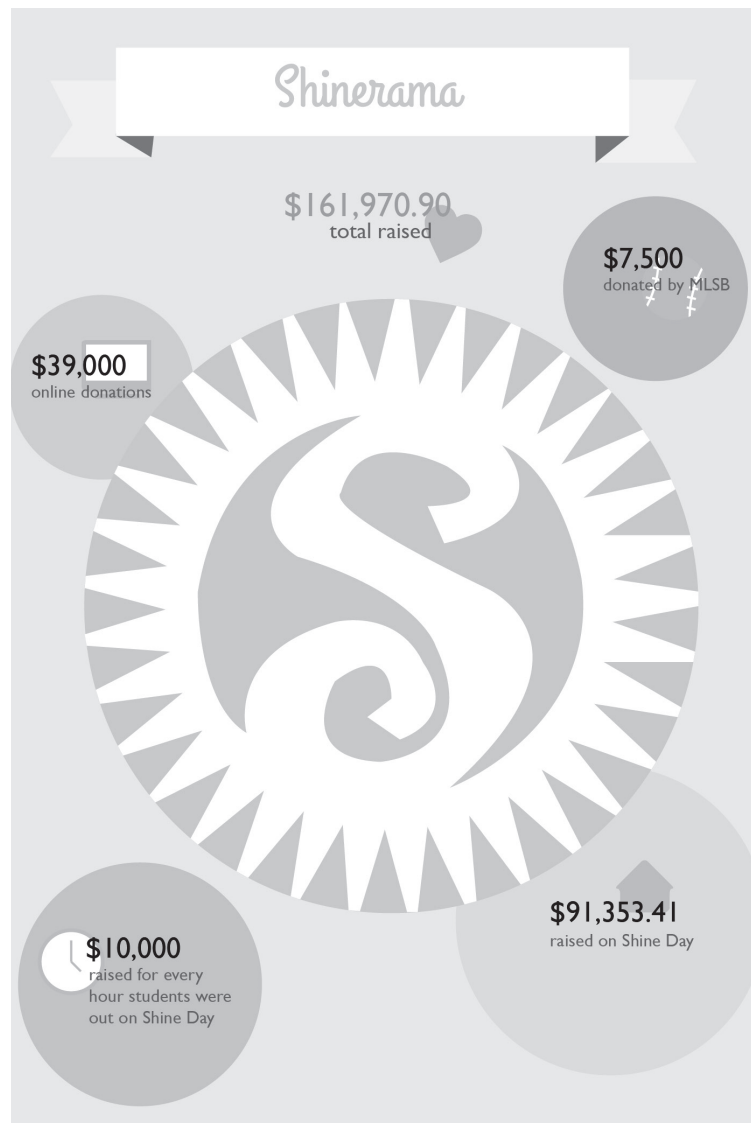
Groups are sent out to stations across Waterloo, Kitchener and even Cambridge to think of creative ways to fundraise.

Breanne Malczyk, a first-year communications student who participated in the event, explained, "Shinerama was a great team experience; our floor got to bond and raise money together for a good cause. The community response was amazing when coming together to raise money."

The students worked together with their floor mates and with the help of their breakers to raise money as they accepted donations from the community. Teams spent up to seven hours outside fundraising.

As a breaker of O-Week, Stephen Solda, a third-year business student, explained, "In just one week my group went from strangers, to new friends, who could come together for a great cause."

"Considering it rained it went so well," Montgomery commented. "It was incredible that everyone was so willing to come out despite the rain to be able to raise as much money as we did."



KATE TURNER VISUAL DIRECTOR

Prof in 'hall of fame'

LAURA BUCK
LEAD REPORTER

"It's kind of like the academics hall of fame," explained Rhoda Howard-Hassmann, Canada research chair in international human rights and a professor of global studies at Wilfrid Laurier University.

Howard-Hassmann, who has been a Fellow of the Royal Society of Canada (RSC) for nearly 20 years, is a recent recipient of the Sir John William Dawson Medal on behalf of RSC, in recognition of her outstanding contribution to interdisciplinary research.

"I had assumed I hadn't got it actually," she said. "I was just thinking about it. I knew I had been nominated, the university nominated me through the research services, so they did the nomination and I hadn't heard, so I just assumed I hadn't gotten it. So I was quite happy."

Established in 1882, RSC consists of Canada's most distinguished scholars, artists and scientists. Its objectives are to promote learning and research in the arts, humanities and the natural and social sciences. The Sir John William Dawson Medal is awarded bi-annually to an individual who has made important contributions in at least two different domains of research.

Howard-Hassmann is known for her dedication and contribution to the study of human rights. However, her work spans across multiple disciplines.

"Officially, I'm a political sociologist, but I use a lot of history, a lot of politics, law, some sociology and economics," she explained. "My major job is to research."

She noted that the majority of her work has been connected to human rights, including her PhD, which she received in African Studies.

Darren Gilmour, the executive



LAURA BUCK LEAD REPORTER

Howard-Hassmann is the Canada research chair in human rights.

director of RSC was thrilled that Howard-Hassmann was recognized yet again by the Society.

"It's always a delight when a Fellow of [RSC] such as Professor Howard-Hassmann, who was elected in 1993 to the Academy of Social Sciences, is awarded for her continuing outstanding career in research, years following her election to the Fellowship," Gilmour said. "Her election in 1993 was perhaps a benchmark in her career, but here is yet another benchmark some 20 years later of what she has accomplished."

Howard-Hassmann has had a long and distinguished research career, serving as one of the first scholars to approach the study of human rights from a social science perspective.

"When I started, say around 1980, there was a small group of social scientists in North America, maybe six or eight of us who worked on human rights. Now there are hundreds and hundreds, probably thousands of people. For a sociologist, well, I was probably the only sociologist for years. And among political scientists it was a very small group."

Her research is currently focused

"We hope that her research continues even more strongly in years to come."

—Darren Gilmour, executive director of RSC

on state-induced famine, looking primarily at countries such as Zimbabwe or North Korea. Her work has covered many different areas of human rights, from both an international and domestic perspective.

Gilmour explained that the distinction of the Sir John William Dawson Medal speaks to the value of Howard-Hassmann's work.

"We are so fortunate in this country to have the wealth of outstanding scholars and Dr. Howard-Hassmann is clearly among the best in the country. We hope that her research career continues even more strongly in years to come."

Laurier speeds up

Outbound internet connection at the Waterloo campus increases tenfold

MARISSA EVANS
CAMPUS NEWS EDITOR

Students at Wilfrid Laurier University, particularly those living in residence, will hopefully have a better experience when surfing the web on the university's internet server. Information Communications Technology (ICT) has increased Laurier's outbound internet capacity on the Waterloo campus tenfold. Going from one gigabyte to ten gigabytes, the outbound is now aligned with the inbound capacity.

This means that when students are, for example, uploading an assignment to MyLearningSpace or sending an email, the process should be faster.

"We started to bump up against the one gigabyte from time to time," explained Kenneth Boyd, director of ICT solutions at Laurier.

According to Boyd, their suppliers are generally okay with them exceeding this limit. However, it was when they started to reach this limit more often that they knew it was time to make a change.

"But primarily, the real reason we did this was to give ResNet a better capacity," he added. "So we've re-designed ResNet. It was about 300 megabytes, now it's three gigabytes."

ResNet is the server for the university's on-campus residences. Boyd joked that it will now support Xbox.

As a reference point, the University of Waterloo provides three gigabytes for 5,000 students, whereas Laurier serves the same for 2,400 beds in residences.

"We made the network actually more streamlined," he continued. "We've taken full ownership from end-to-end of ResNet."

Prior to this, Boyd noted that they were hearing a constant string of complaints from students in regards to the speed of the internet. As such, the change was largely made to provide "a better student experience in

residence."

But students, faculty and staff should also be able to experience a difference when they are using the internet on campus.

Megan Puckering is a third-year don in Waterloo College Hall and commented that she has noticed the internet has improved this year.

"I remember in my first year there were a lot of problems and people were always complaining about it being slow or not working," she said.

As a don, however, she said there have been very few complaints from her students.

"This is a background piece for an overall improvement that we're constantly doing," explained Boyd.

"We spend a significant portion of our capital budget every year just networking and making improvements to the networking. And so slowly, the environment is getting better and better," he continued.

Part of the reason for this constant push for "better" networking is that students are coming to school with more technology.

"Now [students] have a laptop, a tablet, a smartphone, all of which are trying to access the network at the same time," he said. "We get that. And we're trying to provide that sufficient capacity for demand that's really growing exponentially."



LENA YANG GRAPHICS EDITOR

Deficit down to \$20,430

WLUSP forced to re-evaluate budget after a miscalculation of their debt

ASHLEY DENUZZO
LEAD REPORTER

A budgeting error discovered over the summer resulted in Wilfrid Laurier University Student Publications (WLUSP) having to seriously re-evaluate its finances.

WLUSP had an interim budget presented by May 1 before their fiscal year started. Having evaluated their revenue from the previous year, they factored in student fees from the Waterloo and Brantford campus that help fund student publications. However, Brantford's student fees were accidentally inputted into the budget twice, causing a miscalculation.

"So, when we looked at WLUSP central with accounts from both [campus'] student fees, we didn't realize that we hadn't subtracted the proper amount from Brantford," Bryn Ossington, the executive director at WLUSP, explained. "That's about \$40, 000 over-budgeted revenue."

This budgeting error meant that the budget deficit was highly underestimated, with calculations placing it at just under \$50,000. In reality, the deficit was over \$80,000.

"It's not representative of bad management or a huge mistake," added Ossington. "We know there was an error that caused a last-minute panic."

Through budget cuts to its various departments, WLUSP has managed to reduce the deficit to about \$20,430. Ossington explained that the initial budget was conditional, however.

"They passed that deficit saying we had the first period [of our cycle] to find out how we are going to fix that," he said.

The departments of WLUSP — The Cord, The Sputnik, Blueprint Magazine, Cord Community Edition, The Keystone, Radio Laurier, as well as others — experienced cut backs in order to alleviate this budgetary issue.

"No one wants to be on the board that makes cuts," said Allison Leonard, president and chair of the board

at WLUSP. "But there were some long-term changes that were made that will ensure sustainability for future years."

Of those changes, the most notable are to The Cord Community Edition, which could be dissolved in January if donation and advertising revenues don't meet the costs.

"If advertising or donation revenue could meet or exceed what it would cost to run The CCE then it will exist in [the new year]," said Leonard.

Other notable cutbacks will be seen in Blueprint Magazine, which will no longer have a gloss cover and has lost budgeted travel expenses for media coverage.

"[Also] most of our staff haven't taken the salary increases that they were scheduled for," Leonard said. "We made general cuts across the board."

The Cord and The Sputnik will not be seeing any significant changes.

Leonard assured that publications will still have the same amount of pages and department heads will still receive honorariums. Expenses for events, fundraisers and volunteer appreciation will also remain.

However, both Leonard and Ossington emphasized that a large deficit doesn't necessarily mean that the organization is at risk of collapsing.

"We're not in crisis," Ossington said. "Belt tightening is a natural thing."

Leonard, despite the cutbacks and structural changes, wants to maintain WLUSP's mission of becoming a "premiere student media organization."

"We're trying to uphold that and make sure we are delivering that student experience while making immense financial cuts," she added.

She explained that the student experience of WLUSP publications and their volunteers will not feel the wave of these budgetary changes.

"By no means are we cutting student publications," Leonard promised. "We are just cutting the expenses."



RYAN HUEGLIN PHOTOGRAPHY MANAGER

The library has made many upgrades this year, such as improvements to study spaces and the website.

Library funds upgrades

LINDSAY PURCHASE
SENIOR NEWS EDITOR

Returning students will be noticing some major changes this year as they head to the library to study and conduct research. A number of physical, technological and resource upgrades have been implemented in order to improve user experience for students and staff.

"For a student, having a good experience means having good spaces to study and being successful academically. Those days of very static libraries are gone. We are more and more about helping people to interact with information and providing spaces and designing experiences," said Gohar Ashoughian, the university librarian for Wilfrid Laurier University.

Immediately visible changes are on the library's main floor, where the circulation and reference desks have been amalgamated into a "one-stop shop for students," and additional work spaces have been added. An accessible shelf for reserves and holds is now available to students, while upper floors are seeing the addition of 365 new electrical sockets.

The changes have taken over a year to implement and cost

approximately \$80,000 of the library budget.

Insufficient study space was one of the primary considerations that factored into staff discussions.

"Last year, for example, we found a big increase in the number of people coming here to study. So it was really a priority for us to have more student spaces, because we had lots of times when people just could not find a place to sit and study," explained Joanne Oud, acting associate university librarian for learning and research studies.

"For students, especially for undergraduate students, space is of prime value when they do their studies," Ashoughian affirmed. "We also realized that no matter what, there is always not enough space for students to study."

Ashoughian hopes that more spaces can be created in the future through the more efficient use of space. She suggested that bringing in a consultant to create a master plan would be one possibility.

Other changes to make information more accessible to students include the extension of research support hours and an improved website, which is now compatible with tablets and cell phones.

According to Oud, there has been a high demand for research support from library staff, particularly during peak assignment times.

She commented, "One of our goals is to have the same services if somebody comes at 11 o'clock at night as if they came at 11 o'clock in the morning."

Third-year student Lauren Randall has already taken note of the new library features.

"It's more open and there's more seating," she observed. "I like it."

While Randall expressed satisfaction with the existing library facilities, more changes are likely to come.

"So far, I am satisfied with what we have managed to achieve, but this is not going to be it," confirmed Ashoughian.

Oud continued, "I think we will be evolving, because we're always trying to look to see how it is people are using our various services. So based on feedback that we get, we'll definitely be looking to improve things. It'll be an ongoing process."

Determining which changes to implement began in 2011, with an external review. A user survey of faculty and students also helped provide critical feedback.

Breaking Bad star shares positive message



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

Prior to his talk, RJ Mitte sat down for an interview with *The Cord*.

LINDSAY PURCHASE
SENIOR NEWS EDITOR

RJ Mitte isn't what you'd expect from an accomplished actor. He's young, he's down to earth, he's funny.

And he has cerebral palsy (CP). The 21-year-old, who plays Walter White, Jr. on the AMC show, *Breaking Bad*, has used his profession as a springboard to talk about diversity in the arts, living with a disability and overcoming adversity. While Mitte talks about the bullying and hardship he faced growing up with CP, for him, it's part of a learning experience that he now gets to share with others.

"When you have a disability, people assume you're disabled," said Mitte, who spoke to a small crowd in the Hawk's Nest at Wilfrid Laurier University last Friday, as part of Laurier Students' Public Interest Research Group's Rad Week.

"Living with a disability, you have so much knowledge."

Mitte's character on *Breaking Bad* also has CP. While Mitte characterizes his own form of non-progressive CP as "mild," something he is able to keep under control with careful physical training, Walter, Jr. wears assistive walking devices

and like Mitte, has slightly altered speech patterns. It's a role he describes as an honour.

"There are so many types of ailments and physical disabilities and we do not portray that in arts and media. We do not see that in television. And that's the thing, people want to relate," said Mitte.

"When they see someone like them on television, it makes a world of difference."

For Mitte, it's all about forward momentum - learning from your past without dwelling on it. Recognizing that the actions you take in your life impact not only those you know, but a wide network of people, he believes, is an important part of this.

"What will I do and say that other people will see me for? What will I do to another person, what will I say to another person, that will change someone else's life?" he said, are things to consider in day-to-day life.

But Mitte knows better than most that unexpected challenges are bound to pop up. His solution: persevere.

"You are trying to better yourself as a person and better this world. And there's so many times when people just want to break you down. There will always be an obstacle,

but at the end of the day, it's just an obstacle," Mitte told *The Cord*. "You have to get around it, you have to go over it, you have to go through it. And there's always a way."

With *Breaking Bad* now airing its last season, Mitte has turned to other projects to keep him busy and says he'll work for "whoever will hire me."

He's currently working as executive producer for the documentary "Vanished: The Tara Calico Story" and has been filming for his role in upcoming film "ZAK: The Theory of Everything."

Mitte, however, says that he won't forget his *Breaking Bad* "family."

"I wouldn't be who I am or where I am without *Breaking Bad*. I am who I am because of the show, I am who I am because of people involved in the show. I grew up on the show," he reflected.

And what does Mitte, known for his character's breakfast scenes, start off his day with? Bacon and mayonnaise sandwiches, on white bread.

It's not exactly gourmet, but according to Mitte, "it's the best." And when they're bringing it straight to your trailer, who can argue with that?

-With files from Justin Smirlies

SLL projects completed

\$231,000 from the Student Life Levy was used to fund eight projects, including more study space and a Foot Patrol van

MARISSA EVANS
CAMPUS NEWS EDITOR

In an effort to change the timeframe in which projects funded by the Student Life Levy (SLL) become visible on campus, the SLL committee met in June to allocate a third of the money to a handful of projects that will enhance student life.

Projects were put into motion over the summer with the goal of seeing their completion by the beginning of September.

\$231,000 was devoted to eight projects, of which six have been completed, with the other two well underway.

The 2-4 Lounge experienced significant transformation as four new study rooms were added.

Foot Patrol will also be getting a new van- a 2013 Toyota Sienna- which will be arriving within the next week.

“We’ve built that into a partnership with Forbes Toyota,” Roly Webster, executive director and Chief Operating Officer of the Students’ Union, said.

“They’ve basically come onboard as a sponsor.”

Webster explained that the funding from SLL for the van wasn’t enough to cover the cost and so Forbes sponsored the difference. In turn, the Students’ Union will be partaking in some initiatives to promote Forbes to students.

Students will also notice that the entrance of Wilf’s has changed due

to the high demand for take-out last year. As such, a new take-out station has been installed on the left-hand side of the entrance where a coat check used to be located.

\$10,000 has been put into a fund for clubs to access in The Turret, as well as Wilf’s to keep track of students moving in and out of the facility.

Finally, the Human Resources (HR) website was re-developed in order to make the hiring process more dynamic and easier for students.

“I think we got at it pretty quick because our commitment was we want to make these changes so we can see the difference by September 1,” Webster said of their progress.

“We had to put our money where our mouth was.”

“The fact that we were able to get the majority of them done through the summer and ready for students to use right now is a big accomplishment and a big difference from what we’ve seen in the past from SLL,” added Annie Constantinescu, Students’ Union president and CEO.

Two projects, however, have yet to see fruition.

Student feedback software has seen a soft launch. As well, Safe Talk training for orientation week volunteers was not seen through.

“Because of the restrictions on how Safe Talk training can be done, we weren’t able to do it for the ice-breakers,” said Webster.

The training teaches participants how to facilitate conversations around mental health. Webster and Constantinescu will be re-evaluating this and will either be launching an alternate option for volunteers or reallocating the money elsewhere in the next set of projects.

The committee will meet again in November to allocate the next third of the levy to another set of projects, and then again in March for the final sum.

For the summer projects, it was largely the committee selecting the projects with help from student feedback over the past year. But Constantinescu explained that from here they want students to be directing where the money is applied.

“Now students have that opportunity- they can now put in proposals, because they are back on campus and we can engage them,” Constantinescu said.

“We’re literally just hoping for 100 per cent student involvement with writing their own proposals and trying to make a difference on campus.”

Students will have until Oct. 17 to apply for funding and will be notified by November if their project will be moving forward.



HEATHER DAVIDSON PHOTOGRAPHY MANAGER

Wilf’s take-out counter and study space in the 24 hour Lounge are just some of the projects SLL has funded for this September.

date

SEPT. 16 - 20

place

CONCOURSE

hours

9 - 8

last day

9-5

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FANTASY ◀

WILDLIFE ◀

► GIANT-SIZED POSTERS

► MUSIC

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► FILM

► PHOTOGRAPHY

► 1000S OF POSTERS

THE IMAGINUS POSTER SALE

Laurier hires gov't relations director

LINDSAY PURCHASE
SENIOR NEWS EDITOR

Starting next Monday, Wilfrid Laurier University will be welcoming a new member to its team. Maria Papadopoulos, who has formerly worked as a government policy advisor, as well as in government relations, will be starting in the position of director of government relations.

Papadopoulos believes her previous work, both in government and at the university level, place her in a strong position to get started quickly with her work at WLU.

“My experience at York University has provided me with the foundations of what the role is, so I’ll be able to hit the ground running,” she said.

“I do have an understanding and a pulse of the issues that are taking place at Queen’s Park, from a government and an opposition perspective, so I think I’m well-positioned to advance those goals of the university.”

Most recently, Papadopoulos worked as the senior policy advisor to Minister of Finance Charles Sousa.

She also previously worked for York University as the government policy advisor.

The government policy advisor acts as a bridge between the interests of the university, including its staff, faculty and students, and occurrences at the provincial educational level.

This will require Papadopoulos to act as a go-between with government officials, including MPPs and ministry officials, and people at Laurier.

Her first step, she says, will be meeting with the university president, Max Blouw, as well as talking with different student organizations “and getting a sense of what their priorities are.”

While Papadopoulos doesn’t

expect to be able to meet with a large amount of individuals in the student body, she intends to speak with representatives to get an understanding of the issues at stake.

“I think my first step would be probably to meet with the elected student government and get a sense of what their take is,” she said.

Of course, with the many actors involved at a post-secondary level, it’s inevitable that differing priorities will emerge.

Government, students, staff members and university officials, for example, may have differing positions on a contentious and evolving discussion topic like tuition costs.

When asked how she would respond to a potentially divisive issue, such as tuition, Papadopoulos replied, “I think it would be good for me to get the viewpoints of all individuals involved, so I would want to know the viewpoint, of course, of the student organizations.”

“And I have worked with OUSA [Ontario Undergraduate Student Alliance] in my role working for government to talk about what their position is vis-à-vis tuition and of course getting to know the administration’s position as well and hopefully coming up with a common solution and advancing that.”

For now, she’ll be settling into the role and keeping an eye on provincial politics, something that may be particularly important given recent rumblings of an early Ontario election.

“At this point it’ll be monitoring what’s going on at the provincial level. They are a minority government at this point in time, so looking to see what signals we’re going to be receiving from government vis-à-vis post-secondary education and what their aspirations are, and most importantly, advancing those ... issues for Laurier,” said Papadopoulos.



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Cause of market fire still unknown



HEATHER DAVIDSON PHOTOGRAPHY MANAGER
The St. Jacobs Market, a Waterloo Region staple, suffered a serious fire on Sept. 2, but re-opened on Thursday to enthusiastic market-goers, including the Ontario Premier.

LAURA BUCK
LEAD REPORTER

Despite the swift re-opening of the St. Jacobs Farmers' Market following last week's fire, the community and local vendors continue to mourn over the loss of a beloved landmark.

The fire began Sept. 2, around 1:45 a.m., completely destroying one of the market's main buildings.

Many of the market's vendors have been able to return to work, but it is not without considerable struggle.

"It was my life," said Mary Papadopoulos, who has a booth at the market. "23 years, Thursday and Saturday, I've been here. Every week,

every week."

Papadopoulos was able to reopen her booth following the fire, as hers is located in a neighbouring building, but she was devastated by the loss to her fellow community members.

"I'm glad that I still can," she said. "But I feel so sorry about the other people, you know, the rest of the people. They lost their jobs, they lost their stock, business. It's hard. It's very hard."

Ontario Premier Kathleen Wynne visited the market last weekend and was keen on the vendors' perseverance despite their loss.

"I have a strong belief in Farmers' Markets and local foods as a driver of the economy," said Wynne. "I

want to see farmers' markets expand. So when I saw this iconic market was in trouble, I wanted to make sure I was here to say, 'it's open,' I want people to come and understand that the vendors are here. I really wanted to just come as a show of support."

Devin Petteplace, communications coordinator for Woolwich Township, explained that the Market was cleared for re-open by Woolwich Fire Department last Wednesday morning. The cause of the fire has yet to be determined by the Ontario Fire Marshal.

"They turned the site back over to the owners," he said. "They did pull some material from the site and they're taking it back to their labs for

further study. There is no set timeline for when they will have their decision. Like with any investigation they are going to take their time and make sure they have absolute information before coming forward with any causes that they can find."

Petteplace could not say how soon the Fire Marshal would be able to release the exact cause of the fire, nor could he determine whether arson was believed to have been involved. It was reported last week that the damages from the fire could be up to \$2 million.

"They never rule anything out until they have a final determination. That's not to say they are considering [arson], but they never rule anything out officially until the

investigation is complete. He sort of indicated that he had no reason to suspect arson."

Petteplace acknowledged that the fire last week indeed resulted in a great loss to the community, but he was adamant that the Market will persevere.

"The Market was an icon," he said. "But it's also important to note, too, that it was just the main building. You know a lot of the press coverage was 'market destroyed' and that sort of sent the message that there will be no market, when in fact the market opened on time on Thursday ... While the damage was significant to the main building, for the market overall it is business as usual in a lot of ways."

LSPIRG

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I-s-pirg [el-es-purg]

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LSPIRG envisions a society where people are empowered to be agents of change in pursuit of a just world.

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OUR MISSION

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From night to day

Cheeses Murphy open for regular hours

ASHLEY DENUZZO
LEAD REPORTER

"For me it's like the perfect drunk food."

Those are the words of Marc Lacompte, the proud owner of Cheeses Murphy, a popular late-night eatery in Kitchener-Waterloo. Cheeses Murphy is a pop-up style restaurant that specializes in unique grilled cheese sandwiches.

And for the last two years, Lacompte's grilled cheesery has only been available for seven hours a week as its only location was in the lobby of The Princess Café in Uptown Waterloo.

However, this summer, Lacompte has taken his sandwiches out of the night, opening up a new daily location in Kitchener's downtown.

"The opportunity came up that there was a café where we are currently [located] right now," Lacompte explained when asked about the expansion of Cheeses Murphy.

"They were ending their lease and the landlord of the building got in touch with us saying 'if you want the space then its yours.'"

Located on the Duke Food Block, Cheeses Murphy joins a strip of popular lunchtime destinations and local restaurants.

"To be apart of this block is an important thing for the food culture of this city," Lacompte pointed out. "I didn't have a full business plan [...] it was more of an opportunity that presented itself that I didn't want to pass up"

Specialty grilled cheese sandwiches has become somewhat of a popular trend amongst cities.

However, the idea of opening up their own brand of sandwiches came to Lacompte and his wife, Celine, a few years back.

The couple was debating whether or not to open up a food truck as part of a pilot project that was

occurring in the Kitchener-Waterloo area. However, due to the uncertainty of the success of food trucks, Lacompte and his wife decided to stick with their own space.

"We just thought, 'hey, we've got this space right around all these bars here, let's do a pop up in the lobby,'" Lacompte explained.

"Within three weeks of coming up with the idea, we had designed the menu, had a logo, and just started doing it."

There was no grand opening of Cheeses Murphy when it was first installed into the Princes Café. There wasn't even a formal announcement. In fact, all of Lacompte's marketing came from social media, namely Twitter.

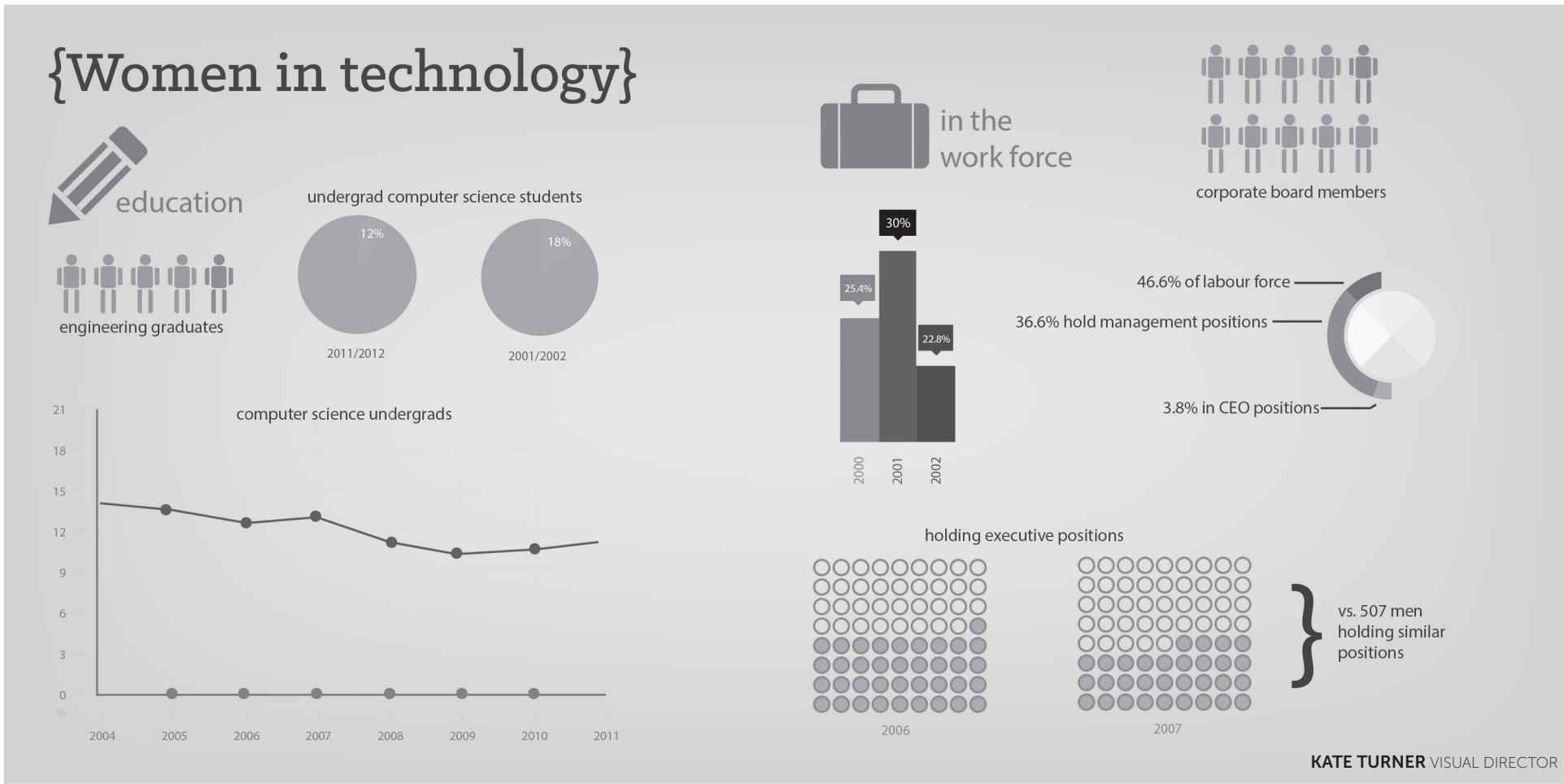
"I like to take pride in the fact that we have never spent any money advertising Cheeses. And now, we have like 2,000 followers on Twitter," he said.

A new location will allow for better operating hours and a wider clientele.

"It's cool because we get a different customer base [at the Duke location]," Lacompte continued. "It's usually people who knew about us and never stayed up late enough on weekends to come out, or it's people who walk by here a lot and saw our sign."

Regardless, Cheeses Murphy has only been open for four weeks and has since received much positive feedback. Boasting a menu of seven grilled cheese options, Cheeses Murphy is also known for their witty sandwich names and tribute to popular culture. Lacompte is actually the one who invents the sandwich recipes and enjoys naming his sandwiches after current affairs.

"We try to have a lot of fun with it," Lacompte smiled. "Any time we do that, it's always in great taste. It's really about adding culture to this city through food."



‘I’m educated and just as experienced’

Communitech aims to increase the presence of women in the tech industry with \$300,000 from SWC

H.G. WATSON
CCE EDITOR-IN-CHIEF

Local tech hub Communitech will be getting a boost in their recruitment of women over the next three years. The company will be funneling \$300,000 from Status of Women Canada into the Communitech Women in Technology project, aimed at strengthening female talent recruitment and retention.

Karen Gallant, senior director of talent at Communitech, said that the initiative is meant to strengthen the tech workforce at Communitech as a whole.

“Talent for our companies is a challenge. There are lots of unfilled positions,” she said. “Women bring a particularly unique skill set and perspective into the workforce, so trying to create opportunities for them is obviously good for our companies because it will help them access that significant pool of talent.”

Communitech will be working with four other companies; Tele-dyne DALSA, Rebellion Media, Magnet Forensics and Desire2Learn – to establish a set of best practices for attracting more women to the tech workforce.

The project is part of an aggressive plan by the federal government to sink more money into bringing women into skilled technical

trades. Status of Women Canada has invested more than \$46 million in projects designed to focus on women’s economic security and prosperity.

“[It’s] making sure women have the skills they need to have a very high quality job,” said Minister of Labour and Minister for Status of Women Dr. Kellie Leitch. “They are able to have a good income and have good quality of life, and provide for their families.”

The number of women working in the IT and technology sector over the last 20 years has declined, despite the large role women have played in computer science historically. Status of Women Canada reports that less than 25 per cent of employees in the digital technology sector are women.

As well, the number of women in top leadership roles in publically traded companies has been under 50 for a number of years, while the number of men is in the hundreds.

While Communitech certainly has female employees, Gallant said they don’t have particular numbers on the gender ratio at the hub.

For women in technology, the barriers to entering the workforce include pay disparity, a masculine workplace culture and cultural norms that discourage women from taking leadership roles. Angelique

Mohring is CEO of Women Powering Technology, a Waterloo based group that encourages woman working in technology. She has experienced this first-hand working in digital economy for over 20 years.

“It is a tremendous uphill battle trying to...say I’m equal, I’m educated and just as experienced,” she said.

Mohring now owns her own tech company, GAINx, and mentors other women. She’ll also be assisting Communitech with their initiative.

As a mentor, Mohring tries to encourage women who may find it difficult to approach a boss about a raise or other workplace issues.

“There tends to be that reluctance to put themselves forwards in case they’re perceived as something less than generous, kind and smart,” she said, “and that if you’re not going with the status quo, you must be a bitch.”

Other digital technology centres in the region have also had issues recruiting women. University of Waterloo has one of the best computer science programs in the country, but over the last 20 years it has seen a decline in female students.

In 2011-12, just 12 per cent of undergraduate computer science students were women, compared to 18 per cent in 2001-02.

Kate Larson is an associate professor at the Cheriton School of Computer Science at University of Waterloo and is the chair of Women in Computer Science at the school. She explained that the problems with recruiting women into the tech sector start at the grade school level. “[Studies] find that very young girls are being turned off [of computer science] at a very young age – 8 or 9 years old.”

It is perhaps because of the idea that computer science is a lonely profession.

“The perception is that you’re going to be sitting in a dark room writing code all the time,” said Larson. But as the world gets more digitized, computer science is expanding into a number of other fields, making it all the more important to learn.

“Computer science touches on all fields and all problems now,” said Larson. “Sometimes we don’t do a good job explaining its role.”

Mohring also noted young girls are subject to the same gender stereotypes that might discourage them from taking leadership roles or being interested in science or math.

But the situation is not at all bleak for women who are interested in pursuing a career in technology. Larson and Mohring regard the Communitech project as a good step and Mohring has found reasons to

“It is a tremendous uphill battle trying to ... say I’m equal, I’m educated and just as experienced.”

—Angelique Mohring, CEO of Women Powering Technology

be positive among many of her co-workers, female and male.

“I think there are more men coming to the table than ever before that are saying ‘how can we help accelerate women in tech and accelerate their careers?’” For her, it is essential that both men and women be at the table to ensure that progress is actually made.

At the end of the Communitech Women in Technology project, Gallant hopes to publish their findings so tech companies across the country can benefit from their outcome.

“It’s early days yet,” she said.

But it is an exciting time to start encouraging women to enter the tech field.

K-W in brief

New logo for ‘Ion’ LRT system approved Tuesday

The Region of Waterloo unanimously approved the proposed logo for the upcoming Light Rail Transit (LRT) system that is coming to the region in 2017. The \$818-million project — known as the ‘Ion’ — maintains the similar blue colour scheme for its logo seen with the Grand River Transit logo and the Region’s logo itself

The logo beat out nine others to take the top spot. It was proposed to council after the logo was noted as the favourite from three different focus groups.

Knock, knock, it’s WRPS

The Waterloo Regional Police Services went on their yearly door-knocking campaign on Tuesday, to encourage safe activities within the Waterloo-area.

-Compiled by Justin Smirlies

Saturday, September 21

Waterloo Park West

11:00 am - 6:00 pm

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New research shows laptops impact grades

ASHLEY DENUZZO
LEAD REPORTER

It is no surprise that electronic devices have begun to replace the traditional way of taking notes, as students across the globe are swapping their notebooks and binders for laptops and tablets.

However, a recent study done by two doctoral students has found that using laptops in the classroom can in fact be more harmful to students than we think.

“[It’s] not necessarily technology that’s the problem,” said Tina Weston, a doctoral student in psychology at York University. “But often times it’s the user.”

Weston co-authored the study alongside McMaster University doctoral student, Faria Sana, and investigated further into the effects of using laptops in classrooms.

“We’ve found that students have become very good at multi-tasking,” Weston continued. “Students have been able to take class notes while also surfing the web and visiting popular websites such as Facebook, Twitter, e-mail and so on.”

The idea of “multi-tasking” in the classroom was the base for a psychological experiment conducted by both Weston and Sana.

In this experiment, research subjects were invited to a university meteorology lecture in two waves. All students who attended the first lecture were asked to bring in laptops; the second group was not.

For those in the first lecture — the one permitting laptop use — half the participants were asked to complete an additional set of tasks on their computers.

These sidebar tasks were



RYAN HUEGLIN PHOTOGRAPHY MANAGER

The study done by two doctoral students doesn’t necessarily blame the technology, but the user.

designed to replicate the ways in which students may go “off-track” in their lectures.

“You have to compete with all this other stuff on the Internet,” Weston explained.

At the end of lecture, students were given a simple multiple-choice quiz based on the day’s learning. The results were highly revealing.

Those who attempted to multi-task during their lecture scored, on average, 11 per cent lower than the students who used their laptops only for academic purposes.

“After we did that, we were curious as to how laptops can affect the

learning of those sitting nearby,” said Weston.

For this, they brought people into the second experiment to distract students with laptops and Internet surfing. These students — those who were being distracted by others — scored 17 per cent lower on their tests. That is six per cent lower than the students who had attempted multi-tasking.

“Laptops have a purpose in the classroom,” Weston said. “They can help students take notes who may not necessarily be able to catch up with the professor, and for students who may need accessible learning

they are very helpful.”

“So, academically, laptops can be very beneficial to learning in the classroom,” she added. “It’s when the Internet is being used that causes student’s attention to wander elsewhere.”

Caitlin Molony, a fourth-year student at Wilfrid Laurier University, agreed that the Internet is too much of a distraction in lectures.

“Ever since first year I haven’t used [my] laptop once,” she said. “With laptops you’re almost mindless [...] I’d go on Facebook all the time, I’d completely zone out.”

Molony also explained that those

“The Internet is a huge distraction; if it’s there, you’re going to want to use it.”

—Caitlin Molony, a fourth-year student at Wilfrid Laurier University

who use laptops improperly around her are just as distracting as the Internet itself.

“Sometimes I’ll zone out because the person in front of me will be on Facebook,” she said. “The Internet is a huge distraction; if it’s there, you’re going to want to use it.”

Professors and faculty members are also starting to crack down on laptop usage in lectures.

“Laptop computers or tablets may be used for educational purposes only,” explained Viviana Comensoli, an English professor at Wilfrid Laurier University. “I maintain the right [to] ask a student to leave the classroom for off-task use.”

Weston went on to explain that her study was not intended to bash laptop use or even start a boycott on technology in the classroom. As a doctoral student, Weston teaches many lectures at York and sees the value in such devices.

“I’m not saying let’s ban laptops or to ban the Internet in classrooms, but I think we need to consider the effects of using technology.”

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CONTRIBUTED PHOTO MICHAEL LANGLAIS

St. Mary's University Student Association President Jared Perry has stepped down since the incident.

Vulgar cheer hurts SMU

CYDNEY PROCTOR
THE JOURNAL

HALIFAX (CUP) — Jared Perry, the SMU student under fire after the inappropriate frosh chant that has been causing a stir nation-wide, has resigned his post as president of the Saint Mary's University Student Association (SMUSA). The announcement was made via a press release.

Vice president of student life Carrigan Desjardins has also resigned her position. Desjardins was the SMUSA executive who was in charge of Orientation Week and the event at which over 80 leaders and 350 or more new students were singing an offensive chant.

A video was posted on Instagram of students chanting "Y is for your sister, O is for 'oh so tight,' U is for underage, N is for no consent, G is for 'grab that ass,' — Saint Mary's

boys, we like 'em young."

The university announced simultaneously that disciplinary action has been called for against two student leaders involved with the frosh week chant. Those names have not been released, in line with university policy.

The students will go before a disciplinary panel (as in keeping with the Code of Student Conduct) within the next 10 days. Disciplinary action is wide-ranging, from fines to expulsion from the university. The panel is comprised of a disciplinary officer, a student and a university administrator.

Any member of the Saint Mary's University community — student, faculty or staff — can call for disciplinary action against another.

Perry announced his intention to run again in the by-election that is to be called by the Board of

Directors, and says he is "personally deeply committed to addressing the damage incurred this week by being part of a long-term change commitment."

Desjardins could not be reached for comment.

James Patriquin, the student poised to take over the position of vice president of university affairs after the resignation two weeks ago of the former VP, says he had not signed a contract and started the position, and for the moment will be retaining his role as Communication Co-ordinator of SMUSA. When asked if he will run for the role of president, Partriquin said no, saying that he is "committed to supporting Jared in his next campaign."

It is unknown who will fill the role of interim president; a decision will be made by the Board of Directors of SMUSA.

Study finds few accessing RESPs

Research reveals two-thirds of students don't use RESPs for financial aid

LINDSAY PURCHASE
SENIOR NEWS EDITOR

Burdened with student debt because you don't have an RESP (Registered Education Savings Plan)? You're not alone.

Recent research by the BMO Financial Group has found that two-thirds of post-secondary students do not have an RESP, a number which BMO vice president: managed solutions and registered plans strategy, Robert Armstrong, felt to be unexpectedly low.

"I was a little bit surprised ... I was hoping for a much higher number," he said.

The study, which was conducted online with a sample size of 602 Canadian post-secondary students, also found that 84 per cent of students without an RESP wished they had one, while three-quarters of those who had one said they couldn't have otherwise afforded university or college.

Armstrong believes that part of the struggle is simply opening the account.

"We've actually worked with a lot of people in the past who have said times are tough, it's hard to find that little bit of money," he said. "But I think the hardest thing sometimes is just starting up an RESP and opening an account."

One of the main benefits of an RESP is the associated government grants.

The Canada Education Savings Grant (CESG) adds between 20 and 40 per cent of the amount in the RESP, up to a lifetime maximum of \$7,200. Accounts may also be eligible to receive an initial \$500 contribution, with an additional \$100 per year, through the Canada Learning Bond.

However, in order to reap these rewards, certain stipulations have to be met. And of course, the more you put in, the more you get out. For some families, this may not be a feasible option.

"If you're from a low-income family, it's very difficult to put money aside into an RESP for future use," commented Ruth MacNeil, the associate registrar: awards at Wilfrid Laurier University.

"If your financial situation is, 'I have to put food on the table this week, I can't worry about next year,' then you're probably going to be overlooking those types of things like an RESP."

At Laurier, MacNeil has found that far more students are using OSAP than drawing on RESPs for financial aid. While over 50 per cent of the student population uses OSAP, with applications up by over

"But I think the hardest thing sometimes is just starting up an RESP and opening an account."

—Robert Armstrong, vp: managed solutions and registered plans strategy at BMO

200 per cent since 2004, only about 17 per cent use RESPs.

MacNeil continued, "OSAP is based on financial need, it's basically based on parental income levels and student income levels and those individuals who are in low-income situations will receive far greater amounts of OSAP funding than others. RESP is a great vehicle, but a family has to be able to afford to do it."

Armstrong, however, is confident that the number of people setting up RESPs will continue to increase. The study revealed that the vast majority of students polled — just over 90 per cent — intended to set up an RESP for their own children.

Felicia Clement, a fourth-year university student, said that it's something she would consider.

"I think I would definitely contemplate it ... based on how difficult it's been for me to finance my education," she said.

Although Clement does have an RESP, which she has used, in part, to finance her education, she has also worked throughout her undergraduate degree and accesses loans through OSAP.

Her parents were only able to start the fund for her because of inheritance money they received, but weren't able to contribute enough to get the benefit of grants offered through the program.

"I don't think that people see a need for something until they actually experience the need. And so, the students right now understand they have to pay for their education, it's not free," said Armstrong.

"And I think a lot of them now see that an RESP is free money on the table that they might not have known about, but now that they do know, they're going to take advantage of it for their own children."

Armstrong affirmed that BMO will continue to do research into RESPs in hopes that more people will access them as a means to fund post-secondary education.



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Canada in brief

Parliament to review Quebec's Charter of Values

The province of Quebec has presented the intention of creating a Charter of Values, focusing primarily on the issue of "religious accommodation." The intended Charter includes a proposition to ban the wearing of religious symbols of working. This would forbid the wearing of religious headwear such as turbans, kippa, or hijabs.

As a result, the deferral government has announced that they will be reviewing any law that Quebec passes. The Charter of Values will be under review to confirm that no law violates any constitutional rights and practices.

Mennonite Kidnapping

Two women from a conservative Mennonite community in Manitoba, along with one man outside the community, were charged for allegedly kidnapping a 13-year old boy who ran away from foster care.

The 13-year old child had previously lived in the Mennonite community but was apprehended — as well as a dozen other children — by child welfare workers earlier this year as part of a RCMP investigation into child abuse.

Three adults are currently facing charges based on allegations that the children were being struck with cattle prods, whips, and leather straps.

- Compiled by Ashley Denuzzo

PHOTOS

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O-Week 2013



PHOTOS BY **HEATHER DAVIDSON** PHOTOGRAPHY MANAGER **RYAN HUEGLIN** PHOTOGRAPHY MANAGER **KHA VO** STAFF PHOTOGRAPHER **JODY WAARDENBURG** LEAD PHOTOGRAPHER



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All submissions to Dear Life are anonymous, should be no longer than 100 words and must be addressed to your life. Submissions can be sent to dearlife@thecord.ca no later than Monday at noon each week.

Dear Life,
What's the deal with newspaper errors?! Seinfeld ran for 9 seasons, not 10. Check yourself before you regret yourself. I expect an official retraction.
Sincerely,
Your lack of fact checking is making me thirsty

Dear Life,
I'm sorry, did I hurt your feelings when I asked you to move your douche-fest to a location where your drunken shouting wouldn't wake up sleeping children? Is that why you snuck back when you thought I wasn't watching and stole my kid's plastic baseball bat? I'll bet that made you feel like a big man, ripping off a child's toy like that. Suddenly you weren't just a pathetic cock-nozzle who can't hold his liquor, you were a pathetic cock-nozzle with a GODDAM PLASTIC BAT. That'll sure teach me a lesson! Oh wait, no it won't, it'll make children cry. Way to go asshole!

Hey ladies, if you are hanging out with some bros, and they have a purple plastic baseball bat in their creep lair, don't fuck them. They steal from children.
Sincerely,
Fuck You.

Dear Life,
Thank you to the WLUSP staff and volunteers for working so tirelessly to enhance the Laurier student

literary experience. Week after week, year after year, and decade after decade, your loyalty to the Laurier community dates back to the first issue of The Cord, printed in 1926. You are one of Laurier's greatest assets.

Many thanks for your constant devotion to keeping us all inspired and informed.
Sincerely,
Laurier Alumni

The 'Dear Life' section has been a bit lonely lately. Submit one anonymously at thecord.ca

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KATE TURNER VISUAL DIRECTOR

How to date on a student budget

ALANNA FAIREY
LIFE EDITOR

We’re all struggling students with a limited budget for entertainment purposes outside of schooling and living.

However, it is also inevitable that at one point in your university career, you will go on a few dates.

This also means that you will have to impress them with a stellar date that will make them want to come back for more.

You don’t want to look too stingy, but you also want to budget appropriately so that you will have enough money for your rent and schooling. Thankfully, Waterloo is full of great potential date ideas that are both low-priced and romantic.

You will be able to please your date while also still being able to have a sufficient amount of money left in your bank account.

David’s Tea

This is usually the best place to go for a first date, not only for the limited selection of things to order, but also because of how cheap it actually is.

For just two cups of teas, it comes to a total of exactly \$6 and the atmosphere is perfect to sit down and talk

for hours as you get to know one another, further proving that talk really is cheap.

It also helps that David’s Tea offers a great selection of unique teas, which are all the rage right now.

Princess Cinema

This quaint movie theatre has a reputation in this town for its quirkiness and reasonable movie prices.

If you don’t want to go to Cineplex and spend a ton of money on tickets and popcorn, go here.

Your date will love the overall atmosphere of the cinema and the good old yawn and stretch move will have the same impact as it would at any other theatre.

Picnic in Waterloo Park

This date option just goes without saying.

With the lake nearby and the sun hopefully shining above, a picnic will not only save you money, the person you are taking on the date won’t be thinking about the fact that this date is essentially free.

Your date will most likely be too enthralled with the time and effort you put into making peanut butter and jam sandwiches and homemade cookies to realize that a picnic date costs you very little money.

Once the picnic is done, you can both walk hand-in-hand through the park and look at the animals together.

Clichéd dates like this usually work because they’re typically economical.

Skating in Waterloo Square

If your relationship is becoming quite serious, it’s always best to think ahead about those dates in the wintertime.

Waterloo is famous for its skating rink located in the town square. Holding hands while skating flawlessly alongside one another is always the key ingredient to a successful skating date.

If one or both of you lack talent in the skating area, then at least you will both have a laugh as you help each other up from the ice.

Ethel’s Tacos

It is almost comical how cheap Ethel’s is.

On Taco Tuesdays, you are guaranteed to not spend more than \$2 for about four tacos.

Even if your date wants to order something other than tacos, don’t worry about it; your entire meal will still be under \$10.

A casual date here will have your wallet singing with glee.

Vincenzo’s

There is no better date than indulging in a deli sandwich and a hot cup of coffee.

The sandwiches are all in the \$10 range and their pastries are \$5 and under. This is the ideal stop for a lunch date.

Symposium Café

This café only seems expensive; you have to know which days to go. The best day to go on a date is on Sundays because they have a two for one cake special.

You’ll only have to pay for one piece of cake even though you get two and the price is almost always under \$15. It’s a delicious deal!

Plus, who really wants to share their dessert? This is one date that is sure to be a hit, so don’t be surprised if your date asks to come back.

Although these dates are great and inexpensive, just know that eventually you will have to take them out on at least one fancy date. It is always best to mix the two kinds of dates up so that you are not a total cheapskate.

So it is time to start saving for that.

Other cheap date ideas in Waterloo:

- Watching movies on Netflix
- Serving a homemade dinner
- Breakfast in bed
- Going to the gym together
- Go to Zoup for lunch
- Picnic in Snyder Flats
- Makeshift outdoor movie theatre
- Volunteering together
- Dance classes
- Watching a Laurier football game together
- Library or Chapters date
- Study dates for the nerd in all of us

When the room-mance comes to an end



JAMES FORMOSA
STAFF WRITER

Often new roommate arrangements enjoy an early “honeymoon” phase; early in the semester people can get along and generally have a good time. However, this phase does not last forever, and there are two major sources of tension, which can make or break your roommate relationships.

The roommate “honeymoon” phase describes when all the good times begin: a fresh start with new people can represent a whole new world of possibilities.

Regardless of expectations, you all start out with in the best position for making new friends and getting along with each other all year long.

For new students, the thrill of O-Week is contagious, and with no classes to worry about, almost

everyone is ready for a party.

Reality sets in soon after; this “party-mode” cannot last forever. When responsibilities become apparent, the main catalyst for tension is revealed: the balance between professional and social life.

Everyone who has lived in residence remembers the roommate questionnaire, an important part of which involved questions about your academic and social priorities. Some people want to live in a space that is conducive for quiet study, while others would prefer to use it primarily as a springboard for social growth.

Apart from our unique preferences, living with roommates necessitates compromise. The most important compromise that you will have to make with your roommates involves respect for their boundaries and expectations about the shared living space.

As much as you might want your home to be the perfect place for weekend parties, you need to be willing to provide an appropriate environment for work and school.

Getting the most out of your university experience requires a balance between these social and

professional aspects of student life.

The best way to forge positive relationships with your roommates is to help each other on this path of personal growth in both areas.

The values we assign to social and academic life differ from person to person for a host of reasons, but these differences need not be the source of tension amongst roommates. Now is the time, early on in the year, for setting ground rules that meet all of your needs.

In the course of such a discussion, deal-breakers are certain to come up; hopefully most of them will not come as a surprise. Otherwise, you may want to question why you chose certain roommates in the first place.

Once everyone has stated and agreed upon deal-breakers, such as the division of chore duties, they should understand that they take full responsibility for any breaches of behaviour. This should facilitate a long and happy relationship with your new roommates.

However, if they will not compromise with repeated warnings and sincere debate, you might want to re-think your current living arrangements.



RYAN HUEGLIN PHOTOGRAPHY MANAGER

What once started as a great relationship could turn sour quick.

A student’s guideline to eating healthy

Eating healthy on campus presents itself as a challenge, but there are several alternatives that are available



HAYDEN MOFFAT
CORD LIFE

With the school year officially underway, students will have to set a new routine to keep themselves healthy and presentable throughout the year, in addition to coping with the stresses of course work.

A major component of staying healthy is maintaining a healthy diet, which can be a challenge at university, especially due to the many temptations present on campus.

For incoming first year students, the adjustment from eating at home to providing for yourself is especially tricky.

Living on your own means that mom and dad are not there to cook nutritious meals after a long day of school and work, which means that the effort to be healthy is completely your own initiative.

The sad reality is that sometimes doing something as simple as this is not easy.

While meal cards seem to be convenient, there are many unhealthy traps to be weary of. That being said, there are many simple tricks that can be done to avoid the freshmen 15.

For example, eating at the dining hall is both a blessing and a curse.

All-you-can-eat seems like the best way to get the most value for those meal card dollars. While that may be true, many of the foods served there are high in carbohydrates and starches, which

contribute to fat retention.

Contrary to popular belief, fat is not the enemy.

In fact, they are essential to human health and are a must-have in a healthy, balanced diet.

Meat, nuts and oils, such as coconut and olive oil, are excellent sources of the “healthy fats” that are required in a healthy diet.

Cakes, pastries and muffins contain trans and saturated fats, which should be avoided if possible.

The salad bar is the best option in the dining hall. Vegetables are low in sugars and high in many different vitamins.

Be wary of dressing selections; many of the dressings contain mayonnaise and oils high in trans and saturated fats.

When it comes to drink selections around campus, water trumps all other beverages. Students should be drinking between two to three litres a day.

If you want to add some flavour so your water is not so bland, there are many sugar-free additives that will suffice.

It is important to consider that a lot of the classrooms are crowded and hot, which accelerates the dehydration process.

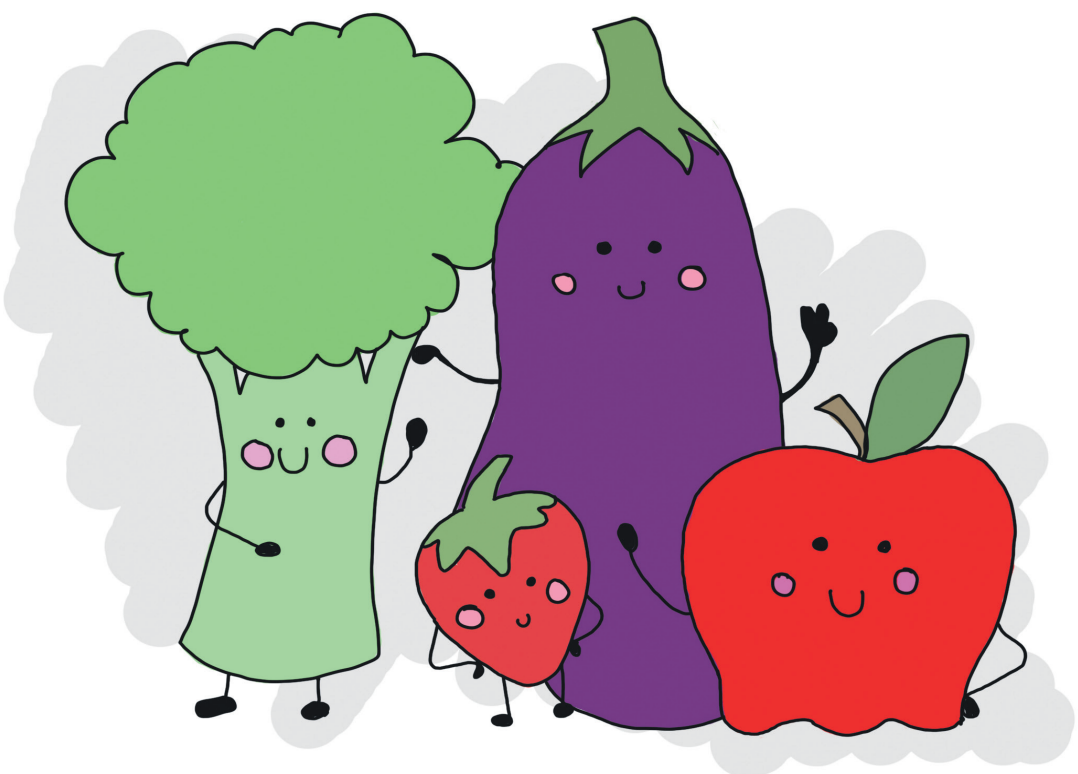
Coffee, a staple in everyone’s university experience, can be problematic when planning a healthy diet for the year.

The coffee itself isn’t bad for your health, but the additives pose a risk.

Hot drinks loaded with sugar and cream will increase fat production, and too much sugar will raise the chances of developing diabetes.

Try weaning yourself off of sugar and cream and progress to drinking black coffee, if possible.

If that fails, there are plenty of natural sweeteners that are available, such as Stevia, that contain no



KATE TURNER VISUAL DIRECTOR

gluten or calories.

These sweeteners act as excellent substitutes for the avid coffee drinker who desperately needs a sweet fix to get through the day.

What are some good options for students at home? Although it is the best way to ensure a healthy diet, cooking can be very time-consuming and the mess afterwards even more so.

There are some solutions to this dilemma, such as the wonder food, quinoa.

Quinoa, a healthy grain-like crop, is easy to prepare and can be added to almost anything for flavour.

It tastes like a grain, but it

contains few carbohydrates and fats and is loaded with protein.

It can be found in any grocery store and only requires a pot and stove or rice cooker to prepare.

Healthy snacking is a simple task that can be added into your daily routine.

Almonds are a delicious snack to carry around on-the-go between classes and work. They are loaded with essential proteins and very convenient.

A serving size (which is approximately a handful) is very filling despite the small portion size, which is great when trying to control portions.

Of course, diet is not the only concern when trying to remain healthy.


Adequate sleep, daily exercise and frequent social adventures away from school stresses are required in order to function throughout the long school year.

Maintaining a doable and healthy lifestyle is only a challenge if you make it one.


Just remember to eat your fruits and vegetables, drink lots of fluids and remember to take everything in moderation.

By doing this, you are guaranteed to spend the rest of your school year in total health.


Cord-o-Scopes: Sept.




Virgo (Aug.23 – Sept. 22)
On your first week of classes, feel free to dress like hipster. Just make sure you wear makeup and a lot of jewelry so no one mistakes you for being homeless. It does happen on occasion.




Libra (Sept. 23 – Oct. 22)
We know that you're not responsible for the way your body moves when “Blurred Lines” comes on. Just make sure you don't make a complete fool of yourself when you get into the club with your fake ID. They might think something is up.



Scorpio (Oct. 23 – Nov. 21)
Beware of the freshmen 15! If your brand new skinny jeans are starting to feel a little tight, maybe it's time to put that OneCard down.




Sagittarius (Nov. 22 – Dec. 21)
Don't go looking for a relationship this week. The worst part about finally making a dating profile is seeing how disappointing your matches end up being. You might as well stay single.




Capricorn (Dec. 22 – Jan. 19)
You'll be in a serious and long-term


relationship with sleep. It will be awesome. You'll get some every night. If you're lucky, you'll get some during the day too.




Aquarius (Jan. 20 – Feb. 18)
Spinach dip from Wilfs is delicious, first-years, we are all perfectly aware of that. Contrary to what you might think, you don't have to take a hundred different photos of it on your Instagram before you eat it. No one will think you're that cool because that is considered to be old news.



Pisces (Feb. 19 – March 20)
On Wednesday, you will be in class goofing around on Facebook when all of a sudden a meteor crashes in through the window and strikes you. That's karma for not paying attention to the lecture you goof.




Aries (March 21 – Apr. 19)
Everyone has the one super-annoying roommate that they secretly want to kill. If you can't think of who that person is, then that means that the roommate they can't stand is you. Everyone in your house hates you and are planning on making your murder look like an accident. Take extra precautions this week or else.




Taurus (April 20 – May 20)
Next week, you are going to meet the great


love of your life in the library on the fourth floor at 10 p.m. Too bad you're not going to meet because you'll be holed up in your bedroom watching Breaking Bad. You have some very questionable priorities, Taurus.



Gemini (May 21 – June 20)
Today you are going to realize that you have a lot in common with Tim Tebow. You can't throw more than 15 yards downfield and you can't score on or off the field. Do you have anything going for you, bro?



Cancer (June 21 – July 22)
There are two types of people: People who go to sleep on time and people who spend all of their time in the 24 Lounge. Be the third type of person who goes to sleep on time while being in the 24 Lounge. It's a win-win situation.



Leo (July 23 – Aug. 22)
Now that O-week is over, so are all the fun and games. Time to get serious about these tests and assignments.

Having loads of swag only looks good on a resume when you know you're going to be putting fries with that.

When Life Editor Alanna Fairey added an extra dosage of awesome to her morning coffee, she was then able to see the future. As if she wasn't awesome enough already.



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The money-conscious approach

To defeat the stereotype that university students are poor, a WLU student shares his budgeting method

SCOTT GLAYSHER
STAFF WRITER

Do you ever find yourself having to decide between money for food or drinks at the bar? Of course you do. You are a student and that's something that goes hand-in-hand with being one.

At some point during your undergrad, you will be undeniably broke and foraging through your couches to find that last quarter for bar cover or pizza.

Average students generally can't budget until they're absolutely forced to, so it's always worth working out in advance how you will deal with your finances before it's too late.

There are some great ways to avoid being in the red if you are disciplined and willing to let go of a bit of pride. Some methods are immoral, but then again, so is allowing yourself to go hungry.

Know how much money you have coming in each month from your loan and other sources such as a job, parental assistance, bursaries and grants.

Subtract from your income any fixed, regular outgoings to obtain the amount you have left: rent, internet and the often overlooked cell phone bill.

You will soon get the hang of how much you can spend and get away with but for the first few weeks I would recommend making detailed notes of everything you spend money on.

A good example of healthy and economically-sound student budgeting comes from third year SBE student, Brad Meneses.

"I basically lived in student



LENA YANG GRAPHICS EDITOR

poverty in my first year," said Meneses.

"I was tired of having no money due to careless and uncontrolled spending and knew it was time for a drastic change."

Meneses, unlike most students, actually followed through with his financial focuses and is currently budgeting easily and effectively.

His secret? Only a few minutes a

day and an excel spreadsheet.

Meneses keeps track of all of his summer and part-time income while managing all expenditures such as groceries, textbooks and of course, the coveted tickets to Nicky Romero last week.

He allocates a certain amount of income to each category of spending, which in turn leaves him with no surprises come credit card

statement day.

"By budgeting my money ahead of time I'm a much more rational spender and a happier student," Meneses explained proudly.

If this simple system doesn't quite work for your busy and often unorganized student schedule, look for other easy alternatives that will help you to reduce your spending.

If there is a local food market near

"By budgeting my money ahead of time, I'm a much more rational spender and a happier student."

—Brad Meneses, third year SBE student

you, it will be a lot cheaper than grocery shopping in a supermarket.

The ingredients are often fresher and it's likely that there will be a huge variety of vegetables, meat and fish, as well as all the essential dairy products.

It is both inexpensive and healthy.

Always know that once you're off campus, bar prices will be raised.

Therefore, it is essential to delay leaving the house by a couple of hours and you'll be able to knock back a few drinks at two-thirds of the price of a bar or club.

However, it is best that you try not to go overboard before you reach the club, or you may have a bit of a hard time getting in, or getting home, at the end of the night. Always be smart.

Budgeting does not have to be a big and scary deal. When planned in advance and when a few extra steps are put in, you will be a happier and richer student.

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ARTS

Arts Editor
Cristina Almudevar
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Leaving home,
X-Box and Lights

CARA PETICCA
CORD ARTS

This year, Laurier’s Orientation Week (O-Week) tradition welcomed Canadian singer Lights, real name Valerie Something, for the On-Campus Celebration — a well-known first year extravaganza in the form of several activities at separate locations on campus.

The Theatre Auditorium provided ample space for students to enjoy the headlining musical performance Lights—an artist who resides in Toronto and is no stranger to the Laurier campus.

In preparation for the performance, Lights seemed eager to entertain the crowd and was enthused about the energy around campus.

“They’re all spirited up and that’s the perfect vibe for going into a show because everyone’s excited and ready to party,” Lights commented.

Lights has been touring her new album *Siberia Acoustic* since its release in April 2013. It is a striped down version of her 2011 record, *Siberia*. Playing a full show with her band was a refreshing change of pace for Lights who delivered an incredibly energetic performance.

First year students cheered in anticipation as Lights took the stage with her synth-infused electronic indie sound. The students proved to be a solid audience as they attempted to crowd surf and danced to the rhythm.

“I like the way you shake your hips, guys. They’re loose. You got

“The best stuff come from those times where you challenge yourself and step out of your comfort zone.”

— Canadian musician Lights

loose hips. Loose hip Laurier one might say,” Lights told the crowd before playing a cover of Blondie’s hit “Heart of Glass.”

Lights entertained first years with her famous hits “February Air” and “Second Go.” In between songs, the band would play captivating beats while she engaged in stage banter.

At one point, she had the crowd cheering, “It’s great to be a Laurier Golden Hawk” while the band added beats and chords to make the infamous Laurier chant into a catchy jingle.

“That has got to be the most musical chant I have ever heard at a school! I love that!” encouraged Lights.

In an interview prior to the performance, Lights explained that she is currently working on new music and it has been a long process.

“I’m really just collecting songs

and figuring out what sound direction it’s going to be—probably looking at next year for a new release,” she explained.

In terms of collaborations on the new album, Lights simply smiled and said, “We’ll see.” Lights also offered advice for the first year students who are experiencing change and new challenges in their new journey into academia.

“I moved away across the country when I was 18 just like a lot of these kids are doing. It was scary but that’s where the good stuff comes from. The best stuff comes from those times where you challenge yourself and step out of your comfort zone,” reminisced Lights on her first time away from home.

“You walk into somebody else; you walk into the person you are going to be. I think that’s my biggest advice probably, don’t be afraid of being a little scared. Just go for it.”

On stage, Lights added leaving home was awesome. “That’s when I got all my tattoos. And suddenly, you’re free but it becomes this whole new world,” she explained just before she played “Timing is Everything.”

The flow of students varied throughout her performance and in instances of a smaller audience, the crowd was able to experience Lights on a more personal level.

Be sure to catch the Lights interview online at thecord.ca

Cord Arts presents:
Back to school playlist

USS – “This is the Best”

In 2013, Ubiquitous Synergy Seeker (USS) released “This is the Best” as their first single for their upcoming full length album titled *Advanced Basics*.

The song is indie electronic with surges of both synth and rock accompanied by lyrics eluding to letting go or, to some, an addiction. USS has made another hit with their unique relaxed meets rave sound.

Said The Whale – “I Love You”

This Juno-winning Canadian band has an upbeat alternative pop sound and the 2013 single “I Love You” is a fantastic precursor to their imminent album, *hawaii*.

The hook is captivating, the harmonies are fun and, lyrically, it’s a simple, feel-good song.

If you get a chance, check out their karaoke version online—that’s a party.

Mother Mother – “Infinitesimal”

Mother Mother’s track “Infinitesimal” is found on their indie-rock album, *The Sticks*.

Released in 2012, this song thrives on vocal harmonies and is given life through power ballads saturated with a pop dynamism. The message, we are merely infinitesimal beings, is brilliant and inspires a strange sense of tranquility.

Lorde – “The Love Club”

Lorde, a 16-year-old New Zealand

artist, emerged into the music scene with EP *The Love Club* in March 2013.

“The Love Club” has been shadowed by her massive hit “Royals,” but if you enjoy a coming of age track with nostalgic undertones this track is definitely worth listening to.

—Compiled by Cara Peticca

Daft Punk – “Get Lucky”

For those who aren’t exactly ready to give up summer, this is the perfect track for you.

Easily one of the summer’s biggest hits, this song will transport you right back to drinking on docks and tanning outside.

If you’re sick of “Get Lucky,” check out their other track “Doing it Right” for some more mellow beats from the French duo.

Kanye West – “New Slaves”

Just the opening of this track alone will be enough to get you excited for anything. “New Slaves” is a track you use to get amped up and/or angry and/or rage.

“New Slaves” is perfect for essay time when you’ve become frustrated beyond belief and you just need someone to understand your blinding rage.

TLC – “No Scrubs”

I dare you to find one person who does not love this song. Whether you’re going through a break-up, stressed with your work load or just enjoying a night out with your friends, there is always a time to say

no to scrubs.

—Compiled by Cristina Almudevar

“Started From The Bottom” – Drake

Easily one of the biggest singles to drop this year, Drake has done it again.

Aside from starting a massive wave of remixes and features after it’s release, the chorus has even become a popular catch phrase for anyone moving up in the world, including students starting university.

“Memories” – David Guetta Ft. Kid Cudi

After an amazing O-Week, students are now starting to return to a regular schedule of sleep and studying, but not without the priceless memories shared together this week.

David Guetta & Kid Cudi team up to deliver a heart pumping track perfect for any ‘memory creating’ activity.

“Stay” – J. Cole

Smooth saxophone and passionate lyrics will help push J. Cole’s “Stay” into your heart and back to school playlist.

He touches on many of the concepts that students and young adults are now starting to encounter such as; leaving your hometown, relationships, life skills, and the future.

With at least one line that anyone can relate to, this track is a must.

—Compiled by TJ Mroz



LENA YANG GRAPHICS EDITOR

KOI 2013: Don't miss these acts

JAMES BLAKE
Station Manager, Radio Laurier

Treble Charger

For anyone who remembers this band's hits from the late '90s and early millennium, this is a must-see.

Don't fret, their Canadian pop punk classics are sure to be featured heavily throughout the performance.

For this guy, who listened to "A Hundred Million" hundreds of times while playing *NHL 2003* during my early teens, another band will be crossed off my "Bands to See Before I Die" list.

Friday, September 13 @ 10 p.m. at the Main Stage

Crystalyne

This Toronto based band is another can't miss, but not because of their history.

Their young vibrant sound will take over control of your limbs and have you swaying to the beat right away. On top of the phenomenal singles they've put forward, such as the new and super catchy "Secret" and my personal favourite, "Wolves," they also do great covers of current hit music. Katy Perry's "Roar" is one example.

Saturday, September 14 @ 5:15 p.m. at The Wax

Courage My Love

This local trio is a definite must-watch on the Canadian music scene. Led by 19-year-old twins Mercedes and Phoenix Arn-Horn, they're already signed to Warner Music and have toured as far as Japan.

Their pop-punk/alternative sound will have your attention throughout their performance. Their perfectly sung lyrics paired with a heavy sound promise what I would say will be THE can't miss show of the weekend.

Friday, September 13 @ 9:15 p.m. at the Main Stage

CRISTINA ALMUDEVAR
Arts editor, The Cord

The Cobrahawks

If 80's hair metal and classic rock had a bastard child, the Cobrahawks would probably jump out in spandex and bandanas. The Kitchener natives are high energy, cheeky and come off as a fun band that will put on an amusing show. If you want a show to just sit back and drink a beer, you're in the wrong place.

Friday, September 13 @ 8:30 p.m. at the Main Stage

The Honeyrunners

If The Honeyrunners' performance doesn't make you dance, something is wrong. A self-described Motown rock band, The Honeyrunners have a warm, soulful indie rock sound that translates well to the stage. They recently played a set at this year's North by Northeast (NXNE) which was well-received. It'll come as a surprise to no-one if they repeat NXNE's success at Koi Fest.

Saturday, September 14 @ 2:15 p.m. at Bobby O'Brien's

The Wooden Sky

The Wooden Sky is coming off of a big year — they recently were nominated for a Juno and won an Indie for Folk Group of the Year. Their latest album *Every Daughter a Child* is creating a lot of buzz for TWS which makes this show a do not miss.

Their dreamy, folky sound is a little different than the harder sound Koi Fest is known for, but it'll be a nice, relaxing break.

Saturday, September 14 @ 4:30 p.m. at the Main Stage

CORY CROSSMAN & BOB EGAN
Founder, KOI Music Festival, & Musician, Blue Rodeo

Bayside

Main stage artists Bayside will be an act you won't want to miss. They've shared the stage with many great artists, so this performance will surely be a memorable one. They have just released a record of cover tunes so I'd expect to hear a cover or two.

Saturday, September 14 @ 9:00 p.m. at the Main Stage

Exalt

Kitchener's own Exalt will surely play to a packed house at Opus, so plan to arrive early if you want to get in. Exalt's brand of hardcore has them on the road playing to packed rooms across Canada and the US regularly.

Saturday, September 14 @ 8:15 p.m. at Opus

The Mahones

They're Canada's original Celtic punk band with 11 albums under their belt. From an Irish pub to having their music featured in the *Fighter*, an Academy Award-winning movie - The Mahones have come a long way in 23 years! Heralded as pioneers of the Irish punk scene, they are internationally recognized as one of the best and hardest working punk outfits around.

Saturday, September 14 @ 10:00 p.m. at The Wax



CONTRIBUTED PHOTO CREATIVE COMMONS

Slow start to great talent

In light of their upcoming performance at Kitchener's KOI Music Festival, The Cord sits down with The Wooden Sky

CRISTINA ALMUDEVAR
ARTS EDITOR

Despite not being familiar with the Waterloo region, Gavin Gardiner, the lead singer of Canadian folk band The Wooden Sky, has much in common with the average Laurier student.

"I spent a lot of time [in Waterloo] when I first moved to [Toronto], I had some friends here ... so I spent a lot of time running back and forth ... I liked the pizza."

Thankfully, The Wooden Sky will be reunited with their beloved pizza on Saturday Sept. 14, as they will be playing this year's KOI Music Festival.

KOI Music Festival, now in its third year, aims to put Kitchener-Waterloo on the music map boasting headliners such as Cute is What We Aim For and Treble Charger. The brainchild of brothers Cory and Curt Crossman, KOI Music Festival is quickly becoming a well-respected festival to play at.

The Wooden Sky first began as a school project when Gardiner, a student at Ryerson University, began writing songs.

"I used to think the only way to play music was to have a band, so I ended up moving to Toronto [and going to Ryerson University] ... I kind of had this dream that I would be sleeping on the floor of a grungy venue ... that didn't happen."

Instead, Gardiner went on to meet the future members of The Wooden

Sky. However they did not define themselves as a band for about "five years" after playing together.

"It took about five years to find the right people ... [and we thought] maybe we have some good ideas now, that means we can take it on the road from there."

Despite their confusing beginnings, The Wooden Sky is becoming more well-defined. This past year, The Wooden Sky has recently won an Indie award for Folk/Roots Artist Or Group Of The Year and were nominated for a Juno award for their most recent album *Every Child a Daughter, Every Moon a Sun*.

"We've been loving everyday so it doesn't feel so crazy because it doesn't feel like it came out of nowhere. We put in a lot of work. When all this stuff started happening at the same time, we were like 'Huh! People are noticing the amount of work that we're doing.'"

"[Being nominated for a Juno award] was neat ... it was nice for [all our loved ones] to see that people recognize the amount of work that we do. I never had my grandma call me to congratulate me on something [on this large of a scale] before."

This year, The Wooden Sky saw themselves putting on a mobile concert which was subsequently broadcast by Indie88.

"We were approached by the SummerWorks Performance Festival ... I got together with the director and we started talking about the

“When all this stuff started happening at the same time, we were like, ‘Huh! People are noticing...’”

—Gavin Gardiner on *The Wooden Sky's* growing prominence

relationship between the audience and the performer and how to play with that relationship."

"We've had a lot of unique venues ... like parks, houses, canoes and in gondolas ... we just decided to take all those ideas and roll them into one long four hour show."

A mobile concert is exactly how it sounds: a concert on the run. However it created a much more emotional effect on both audience and performers alike than anyone originally thought.

As the audience moved with the band, who played in four to six locations over four hours, Gardiner described it as "[the audience] becoming part of the show."

Join the Wooden Sky for a more traditional show at KOI Music Festival this weekend.

Arts bites

The latest news in entertainment

Does Miley Cyrus Get The 'Hood Pass'?

Justin Timberlake is the prime example of a musician that has been able to successfully attain the so-called "hood pass" with an obvious and engaged demographic of fans in urban markets.

But what about Miley "Hannah Montana" Cyrus?

The continuing controversy behind Miley Cyrus' performance at the 2013 MTV Video Music Awards opens up the debate on whether or not she gets this proclaimed street approval.

With her recent claim to fame (twerking), it is obvious that Miley is reaching for some urban approval, but it's safe to say that the hood has yet to issue Miley her "pass." However, one thing everyone can agree on

is that there's definitely more than a few blurred lines involved when Miley is reaching for those hoods daps.

Dr. Phil's Fountain of Youth

This past month, self-help guru and expert-on-everything Dr. Phil bought himself a giant mysterious egg-shaped pod that is supposedly able to help reverse the aging process.

It's called a CVAC, which stands for Cyclic Variations in Adaptive Conditioning, and there are only 16 in the entire world, used by all kinds of rich people and famous athletes.

Thinking of getting one yourself? You may need some more OSAP because this magical pod of youth has a price tag of \$65,000. So unless you are a multi-million dollar TV personality you better just stick to that

good old L'Oreal anti-aging cream.

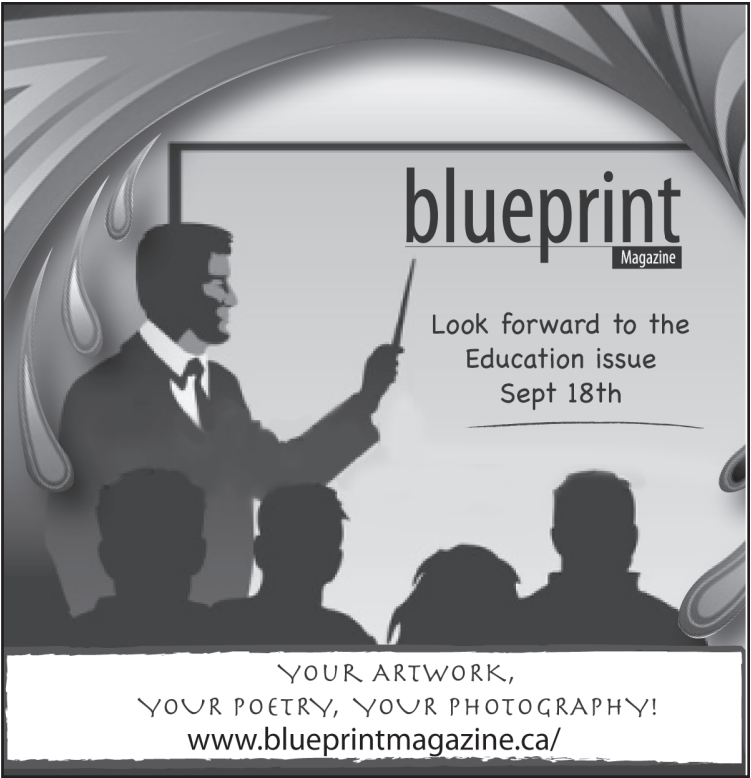
A\$AP Rocky's Aggravated Assault

It turns out that A\$AP Rocky does in fact have a problem.

At this year's Made in America Music Festival, Mr. Rocky got into a little altercation with an eager female fan. The alleged incident took place while Rocky was weaving through the crowd in an attempt to exit the venue. After fans began pulling on the rapper's t-shirt, he supposedly hit one woman square on the face with his open palm. This is the Harlem rapper's third assault charge, all of which involve thirsty fans trying to get more than a picture.

My advice? Stick to the rhymes and not the crimes.

—Compiled by Scott Glaysher



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Early screenings impress at TIFF

The Cord had the opportunity to review two early screenings at TIFF — *Thérèse* and *Kill Your Darlings*

LENA YANG
GRAPHICS EDITOR

From September 5 to the 15, Toronto will transform into a local Hollywood as the Toronto International Film Festival, commonly known as TIFF, will take over 11 venues to screen over 400 films. The activity in the city has risen to an all-time high as locals and foreigners alike try to navigate the streets of Toronto around waves of press and paparazzi.

Attracting thousands of industry professionals and hundreds of thousands of attendees from around the world, TIFF has become one of the most prestigious film festivals in the world.

Thérèse

Based on Émile Zola’s controversial novel *Thérèse Raquin*, first time director Charlie Stratton brings to life a tale of adultery and murder taking place amongst the lower echelons of nineteenth century Parisian society.

Elizabeth Olsen takes on the role of the title character, a young girl cast aside by her seafaring father to her aunt, Madame Raquin (Jessica Lange), who forces Thérèse into an unwilling marriage to her ailing cousin, Camille (Tom Felton). Upon meeting Camille’s handsome friend, Laurent LeClair (Oscar Isaac), the disheartened Thérèse is swept up into a scandalous affair, which inevitably leads to disaster.

When asked why he chose to take on this adaptation as his first feature project, director Charlie Stratton explained, “There is something about the choices that we make, the wrong choices that we make, the wrong choices that we make out of passion and where that leads you.”

“It’s a story where you start by rooting for one person, and then it changes, and it changes again, and it changes again, and that’s pretty rare in a script.”

While Elizabeth Olsen, Oscar Isaac and Tom Felton gave very convincing performances, the most notable of the bunch is Jessica Lange portraying the most dramatically compelling role in the film as the domineering aunt and doting, grieving mother.

Matt Lucas, coupled with Shirley Henderson, effectively relieve the audience of the increasing tension throughout the film with their sporadic off-beat remarks.

“We had to find a way to dial it up and lead into it where we could,” said Stratton regarding the artistic choice to inject moments of dark humour into what would otherwise be a very heavy and melancholy film.

Although it is an impressive debut with a well-rounded cast, the film embodies little more than what is expected of controversial period dramas.

Stratton fails to make any lasting stylistic impressions beyond the multitude of dimly-lit rooms and the doom-gloom atmosphere of the haberdasher shop where the story unfolds.

3/5

Kill Your Darlings

Following the trend of the resurgence of the Beat Generation on the silver screen, director John Krokidas brings together an engrossing and fresh film recounting the formation of the Beats and the gruesome murder of David Krammerer.

The film stars Daniel Radcliffe as Allen Ginsberg, Dane DeHaan



CONTRIBUTED PHOTO

Numerous stars, directors and producers have been showcasing their latest films at TIFF this week.

as Lucien Carr, Ben Foster as William Burroughs, Jack Huston as Jack Kerouac, and Michael C. Hall rounding out the main cast as David Kammerer.

Daniel Radcliffe fully fleshes out the role of Ginsberg, portraying him brilliantly as the sensitive and studious bespectacled undergrad of Columbia University. Dane DeHaan, in his impressive breakout performance, drives the story as an alluring and charismatic Carr bringing

together what would later be known as the Beats with his questioning methods and passionate drive to break the mold.

Although David Cross as Ginsberg’s poetic father and Jennifer Jason Leigh as his paranoid mother aren’t awarded with much screen-time, their subtle presence is indicative of Ginsberg’s family life prior to his acceptance to Columbia.

As per usual, there is no shortage of clacking typewriters and


rambunctious monologues, as it’s necessitated by all cliché Beat films; however, it does not detract from the story which comes together beautifully with a cleverly written script, passionate scenes interspersed with a contemporary soundtrack featuring TV on the Radio, and phenomenal performances from the entire cast.

5/5

Check our next week’s issue of *The Cord* for more on films from TIFF.

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EDITORIAL

Opinion Editor
Dani Saad
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Study on laptop usage should fuel meaningful discussion

Laptop use in class has been a contentious issue for some time for both educators and students; and debate mostly surrounds whether the negative aspects of laptop use outweigh the benefits. Students use laptops to access course content and take lecture notes. Some are even designated note takers who provide notes to students with disabilities that prevent them from taking quality notes in class.

However, students also use laptops as a distraction tool and instead of using the device to engage with the course content, they are watching videos, playing games or using social media.

According to a study published in the journal *Computers & Education*, students using laptops in class learned less than those focused exclusively on learning. In addition, students without laptops who were seated close to students with them, scored even lower than those trying to multitask.

While it is easy to use this study as justification for removing laptops from the classroom entirely, it really isn't that straightforward. Many students will claim that using laptops is a choice that students have to make. Some who use laptops to take notes haven't used pen and paper in some time and will be at a disadvantage if technology is pushed out of the classroom. So, this study should not result in a technology ban, but rather it should fuel a discussion about the responsibilities of the educator and the student.

Many students use laptops and other technology to distract themselves from lectures that lack engagement and leave the student uninterested. There has to be some onus on professors to make learning an experience that students want to be a part of. Lectures also need to be worth the student's time and be critical to their success in the course. If students can get by without paying attention in class, then watching a movie is probably going to take priority. Educators need to embrace technology, acknowledge the importance of it to many students and figure out ways to make students care about what is going in the classroom.

On the flipside, educators can only do so much to engage students. If a professor is doing everything in their power to be creative, engaging and relevant in teaching a course, then the onus has to fall on the student. If students want to disrespect the hard work of professors, and in doing so ruin their own chances of a good mark, then so be it. If students distracted by others using laptops are the concern, give students with laptops a section of their own or make sure students without laptops are sitting in front of those with them.

There are ways around this problem that require more thought than just removing computers from class. If students and educators are willing to put the required thought into this and not take the laziest, most convenient approach, then the entire post-secondary system will be better off.

Library renovations a pleasant departure from the norm

The Wilfrid Laurier University Library has announced a number of improvements to the existing facility, including a new one-stop Help Desk, increased study space, extruded research support hours, and 365 new two-socket outlets throughout floors three to seven.

With students in need of study and workspace on campus, the Library felt the need to adapt to the twenty-first century demands of Laurier students.

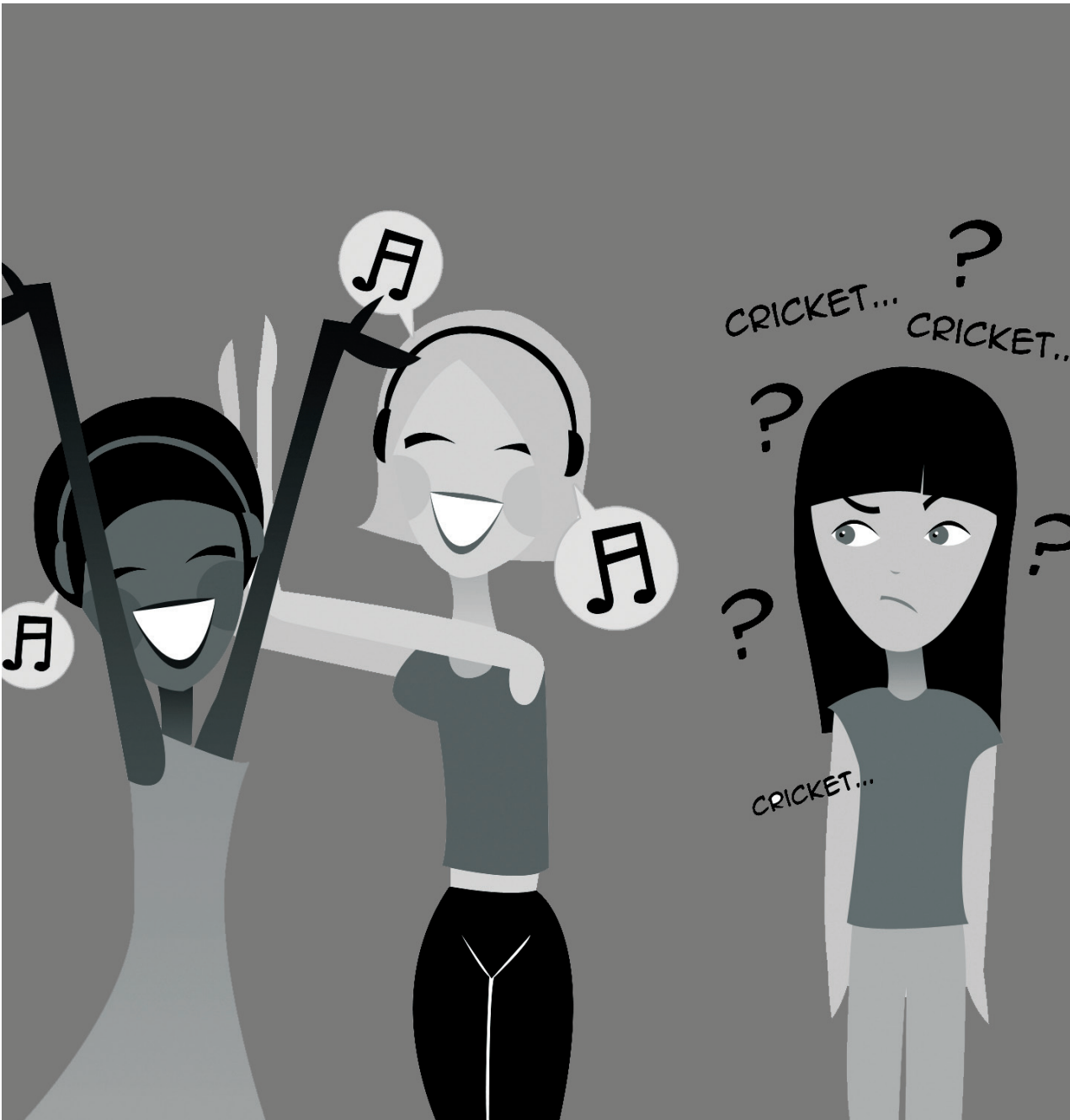
After a long and responsible process of consultations with numerous stakeholders these renovations were done quietly during the summer to little fanfare, and students will reap the benefits immediately. These were changes that students needed badly, especially with the changes made to the Dining Hall. Thankfully, the library renovations were done in a timely manner, and the money spent went towards changes that were thought out and necessary.

In a post-secondary world of unnecessary spending, laughable renovation deadlines, half-completed projects, and a general disregard for real student needs, the library renovations have been a note-worthy exception and the most pleasant of surprises.

The changes made reflect a genuine and effective effort to address the Laurier community and an appropriate use of finances coming out the Library budget. Like any good renovation project, it was done responsibly, on-time, and for a purpose. Future project managers please take note.

-The Cord Editorial Board

These unsigned editorials are based off informal discussions and then agreed upon by the majority of The Cord's editorial board, including the Editor-in-Chief and Opinion Editor. The arguments made may reference any facts that have been made available through interviews, documents or other sources. The views presented do not necessarily reflect those of The Cord's volunteers, staff or WLUSP.



LENA YANG GRAPHICS EDITOR

Moving past marijuana use

The debate over pot legalization is outdated, it's time to move on



ALANNA FAIREY
LIFE EDITOR

Liberal MP Justin Trudeau's recent revelations of his marijuana use have sparked much debate on whether or not the drug should be legalized. I think that this debate has become very outdated.

For decades, marijuana has been illegal throughout Canada and many people have been concerned about this drug becoming easily accessible to underage teenagers.

Honestly, there are worse drugs that could be legalized than marijuana. I think that it is time we make that progressive change.

I have never smoked pot a day in my life, but I do not judge anyone who chooses to do it. I don't think that someone who doesn't smoke marijuana is any better than someone who does. If anyone assumes that marijuana is only used by thug-like burnouts, they're just as ignorant as they are wrong.

Prominent figures such as Trudeau, Bill Clinton, Kathleen Wynne and President Barack Obama have admitted to using marijuana both in their youth as well as in their adult careers.

If they had been addicted to a much stronger or dangerous drug like cocaine or heroin, they would not be in the high-ranking positions that they hold today. In fact, when I found this out, it barely registered itself as a big deal to me.

The reality is that marijuana is less dangerous than alcohol and cigarettes and has fewer impacts on the development of the human brain than drugs such as cocaine and heroin. Marijuana

“
The reality is that marijuana is less dangerous than alcohol and cigarettes and has fewer impacts on the development of the human brain than drugs such as cocaine and heroin.

is also, arguably, less addictive than alcohol and other substances. So why are we still more concerned about marijuana than we are with other drugs?

And who is to say that marijuana is purely an “evil” drug? Should medical cannabis also be considered illegal? The effects of herbal smoking may bring on relief faster, but using other ingestion methods may ensure the relief comes on slower, is with you longer and affect you in a completely different yet effective way.

Medical marijuana will affect the injured muscles, joints, and back in a more calming manner. Contrary to the popular belief of the media, those who have used medical marijuana have claimed that the drug doesn't just go right to your head; it goes to the place in the body that needs the healing. In other words, medical cannabis does not enable others to get high and should therefore not be categorized as a danger.

By ingesting the medical marijuana through teas or cookies, for example, you can give yourself controlled doses throughout the day to manage your pain

levels.

To control this usage so those who do not require the medical cannabis won't abuse it, doctors will only provide it through prescription. This is just one more step that would be taken to ensure safety if marijuana finally became legalized.

Instead of considering the positive aspects that come from the legalization of cannabis, people tend to fixate on the negative experiences that have happened as a result of misusing the drug. I feel that it is unfair to only recall these isolated experiences.

It is clear that Canada takes marijuana possession as a more serious offense than it probably should. Trudeau recently revealed that Canadian taxpayers spend more than approximately \$500-million a year on enforcement and punishment related to marijuana convictions. In most cases, the possessor held less than 2 grams of the drug.

Something that I feel will still be beneficial with the legalization of marijuana is that this decriminalization will do nothing to eradicate criminal control of the pot trade or to limit access by minors. Obviously, marijuana wouldn't be legally recognized without government officials taking the proper precautions to ensure the safety of all involved.

With this legalization will come a responsible regulatory framework informed by a scientific assessment that could place limits on tetrahydrocannabinol (THC) levels that could be sold in convenience stores or marijuana stands.

The legalization of marijuana is a movement that has been 30 years overdue. It is obvious that precautions would be taken and everything that can be done to make it safe will be done.

Every year, our way of living changes and we accept more revolutionary changes in our society. It is time that we evolve with the times and finally make illegal marijuana a thing of the past.

OPINION

Opinion Editor
Dani Saad
dsaad@thecord.ca



MIKE HAJMASY
OPINION COLUMNIST

WLU students were recently faced with two equally unappealing alternatives: Saturday classes or a 7:00 a.m. start. Yikes. Laurier administration seems to have chosen the latter, introducing 7:00 a.m. classes for business students. If there was any debate surrounding this decision at all, it clearly didn't consider the 'cons' list carefully enough, so allow me to retort.

It's common knowledge that there exists a direct correlation between adequate sleep and academic success. In case you aren't convinced, Grace Fleming discusses this in her article "Teens and Sleep Deprivation" on About.com. She acknowledges that most students don't get enough sleep — does this problem sound familiar?

University courses are demanding and students are being spread increasingly thin, leading many to 'burn the midnight oil' in an effort to keep up. How can a 7:00 a.m. start time possibly promote student success if we can almost guarantee that it will limit the opportunity to regenerate?

The University Health Center, which is affiliated with the University of Georgia, echoes the belief that sleep is an integral part of student success. They report that lack of sleep can negatively impact mood, overall health, and GPA.

According to this source, students should aim to catch eight hours of sleep every night in order

to properly recharge both body and mind (ah, Zen). If the goal is eight hours of sleep, an earlier start means an earlier bedtime. Now, I can't speak on behalf of all students, but I can say with some level of certainty that most are awake to see the clock strike midnight.

For 7:00 a.m. classes, this means an average wake up time of 6:30 a.m., and in order to reach the optimal eight hours, students have to hit the sack by 10:30 p.m. Ha, yeah right.

I've only considered students who live on or near campus, but there are a number of students who commute every day. Last fall I met a girl who had to drive an hour and a half to Waterloo, meaning she had to leave home by 7:00 a.m. to get to our 8:30 a.m. class.

Now imagine this is the case for a student enrolled in one of the 7:00am classes — they would need to be leaving home by 5:30 in the morning.

Students are being asked to put in two to three hours of work for every hour of class, find a work-life balance, and for some, find the time to hold a part time job. They are also being asked to do all of this without allowing themselves any real opportunity to rest.

Early classes are a bad idea and will do very little to promote student success. Unless this trend reverses and the university accepts that students need time to refuel, the model image of a successful, involved, and sociable student will exist only in a dream.

In this week's round:

7 a.m. classes

Opinion editor
Dani Saad
and columnist
Mike Hajmasy
debate the
impact of earlier
class times.

Want to 'Weigh-In'?
E-mail dsaad@thecord.ca

DANI SAAD
OPINION EDITOR

I am by no means a morning person. Anyone that knows me at all knows that I like staying up late and sleeping in. I am often grumpy, quiet and pretty much useless for the first couple hours I am awake, especially if there isn't a coffee involved.

Waking up for early class has always been difficult for me. I have always been envious of those morning people who have had breakfast, gone for a run, and written an essay before I have even made it into the shower. And it has nothing to do with not enjoying class — I usually have a great time once I am there — but the act of getting out of bed itself is a huge obstacle to overcome. So, I truly do understand the backlash over 7:00 a.m. classes, but I think it's misplaced. Early classes are a necessary evil and instead of complaining about it, we should focus on getting to class and doing our best.

There comes a point when we have to take some accountability for our time here at Laurier and our educational experience in general. Waking up early and heading to class tired isn't fun for staff or students, but it's something that we have to do. The move to earlier classes was made out of necessity not choice.

As it currently stands, there is not enough room on campus to accommodate students. The idea of Saturday classes was rightly met with furious opposition. Saturday classes disrupt trips home, work schedules,

extends the week and cause a massive inconvenience. Early classes extend the week by one hour and a half. In addition, 8:30 a.m. classes already exist. So, making classes an hour and a half early is just not that big of a deal. If I am going to be tired at 7:00 a.m. it is a sure bet I will be tired at 8:30 a.m. as well.

There are definitely studies that will show students aren't as sharp early in the morning or on little sleep. But I am sure there are studies that show evening classes are not optimal for learning, yet those exist without much attention.

If sleep is the problem, try going to bed early and if that is impossible then try to find time for a nap. If a nap can't happen, then catch up the next night.

As someone who has balanced work and school for years, being tired is a reality of being a student. We signed up for it and it's disingenuous to act surprised when we aren't as well rested.

It can be argued that everything is relative, but complaining about early classes while a significant part of the world craves access to education seems awfully petty. That is not to say we should feel guilty about our lifestyles or access to education or anything else.

What we should be doing is embracing the opportunities we do have and realizing how unique our access to education is compared to much of the world. If we can't get ourselves out of bed in the morning, how badly do we really want to be here?

Talking Mental Health: Services available

Univeristy can be an overwhelming experience but there are services here for students who seek help



TRACEY WATSON
COMMUNITY CONTRIBUTOR

For many students September is a time of optimism and great ambition.

"This is the year that I will not procrastinate! This is the year that I will be organized. This is the year...", they usually say. Despite your best intentions, barriers to academic success can creep into your lives and create unexpected difficulties. A relationship end, unexpected feelings of loneliness, overwhelming anxiety and family struggles are just a few of the situations, which

can impede your ability to focus and do well in school.

Added to this is the constant juggling of school work, friends, family, jobs and extra-curricular activities. At times university can be exhausting and overwhelming. Students often feel alone in these struggles. To help reduce these feelings of isolation, Counselling Services is here to assist you with the issues that may be impacting your ability to reach your personal and academic goals.

Taking care of your mental health, your emotional well-being, is extremely imperative to maximizing your academic and social success.

At Counselling Services, we assist students in addressing the areas of your life that may be holding you back from reaching your potential. For those new to WLU, Counselling Services is located on the second floor of the Student Services building, above the Dining Hall. During

the fall we are open Monday, Thursday and Friday from 8:30 a.m. - 4:30 p.m., and Tuesdays and Wednesdays from 8:30 a.m. - 8 p.m..

We provide free personal counselling to all interested, registered students. The information you share with your counsellor is completely confidential and we will not give out any personal information without written consent.

To access Counselling Services, a student needs to attend a Walk-In Intake appointment which is available daily on a first come first serve basis. These are held each morning from 9 - 11:30 a.m., with registration beginning at 8:30 a.m.

For returning students who were previous clients of Counselling Services, the same process is used with the exception that students will complete an intake update, a shorter version of the full intake process.

At an intake appointment, a plan

to help you meet your needs will be discussed. This may include being scheduled with a counselor for further counseling sessions, being referred to a different WLU resource, or being referred to an appropriate agency in the community.

Daily crisis appointments are available in the afternoons and evenings for students who feel they cannot keep themselves safe, have experienced a recent traumatic event, or feel they cannot emotionally manage until the next day.

Last year, Counselling Services launched the Radio Laurier version of Talking Mental Health. This year, we hope to continue the conversation about mental health and help students realize that talking openly about their concerns is important.

Each week, we will be discussing various mental health topics. Throughout the next few weeks, we will be discussing some of the

common concerns students bring to Counselling Services including: transitioning to university, perfectionism, exam anxiety and procrastination.

Talking Mental Health airs on Friday and Saturday nights at 11 pm, and Saturdays and Sundays at 1 a.m. If you have questions or topic ideas for our show, please email us at talkingmentalhealth@radiolaurier.com.

Previously aired shows and other valuable resources can be found at www.mylaurier.ca/counselling. Check out our new blog: talkingmentalheath.tumblr.com.

We appreciate your feedback and wish you a healthy, successful fall term.

Tracey Watson works at Laurier's counselling services. You can e-mail her at twatson@wlu.ca

Russia claims gold in homophobia



CATE RACHER
OPINION COLUMNIST

Russia has been making quite a few headlines lately, and for all the wrong reasons.

Russia already has strained relations more than usual with the United States due to the asylum given to Edward Snowden, a former employee of the CIA and NSA who leaked surveillance details back in May.

Recently, however, President Vladimir Putin passed a law that bans any propaganda of non-traditional sexual relations to minors, limiting the rights of the gay, lesbian, bisexual, transgender, and intersex community.

This is just the most recent in a string of human rights violations by the Russian government, including banning gay pride parades and large fines for gay rights groups accused of being ‘foreign agents’.

I think we can all agree that this really overshadows anything to do with government leaks. This issue hits a more personal note than leaked surveillance information.

Russia will be hosting the 2014 Winter Olympics in Sochi in just a few months. And with these new laws coming into play, there have been more and more violent attacks

on gay individuals or ‘suspect gays’ in Russian cities. As a part of these new laws, officials are allowed to arrest and charge any individuals that they suspect as being gay, lesbian, transgender, or intersex.

So when all these athletes and spectators who have been waiting for and preparing for these Olympics for four years, they have a chance of being arrested or worse if they are suspected of being a part of the LGBTQ community.

The entire purpose of the Olympics is for the world to come together in the spirit of sports and global unity, so when the country hosting the Olympics passes laws taking away individual rights of not only the athletes and spectators, but of people from their own country, is that really showing the true spirit of the Olympics? Is that what they are really about? I don’t think so. And for me, the worst bit comes with knowing that the Olympic committee has done nothing about it.

I thought for a while that the world was taking some great leaps forward on the LGBTQ rights front, but we’ve taken a large step back.

It’s not even just the fines that bother me, but the fact that people who are suspected of this ‘propaganda’ can be deported from the Russian Federation, even after serving up to 15 days in jail and paying a fine between 4,000 and 100,000 rubles.

What does the government think that these people are going to do, hand out pamphlets to Russian youth about being gay?

It’s not like these individuals are forcing their lifestyle on people; they are just being who they are and who they want to be. Apparently, that is now a crime. Something as basic as just being YOU can now get you arrested.

Thankfully, the world has taken notice and is participating in a global protest of the anti-gay laws passed by Mr. Putin. Not only is there a petition going around to have the Olympics moved from Sochi back to Vancouver, but athletes from around the globe are marching in protest and carrying their rainbow flags with pride.

Recently, Canadian athletes participated in a march protesting the new Russian laws and have been attending pride events all over the country in support of the LGBTQ community. Some are even calling for a rainbow flag to be sewn onto the uniforms of Canadian athletes.

Right now, I’m quite proud to be Canadian, and will continue to be proud as long as Canada fights for the right of individuals to be who they want to be, regardless of sexual preference or gender identity.

Imagine if all of these athletes were to show their support for this community; do you think that the Russian government would arrest them all, or would they be forced to repeal the laws due to overwhelming support for the cause?

Let’s hope that the world can unify in support of their LGBTQ brothers and sisters so that the true spirit of the Olympics will not be tarnished by hatred and homophobia.



FLICKR CREATIVE COMMONS

Russia is ruining the spirit of the Olympics with their recent laws.



FLICKR CREATIVE COMMONS

Putin schools Obama on Syria

Russian leader takes advantage of Kerry’s comments to win political battle against US



DANI SAAD
OPINION EDITOR

In recent weeks, the US has been pitching their highly controversial Syria intervention plan to Gulf states and European allies in hopes of avoiding any unilateral American military action.

The main idea is that the alleged use of chemical weapons by the Assad government violates international norms and requires a response. The response would cripple Assad’s ability to use chemical

weapons again and hopefully tip the balance of the conflict in favour of the opposition.

However, early on Monday, Russia unveiled a proposal that would have the Syrian government relinquish all chemical weapons under international control to ease tensions over the alleged use of chemical weapons by Assad’s forces.

Russia made the plan public after US Secretary of State John Kerry rhetorically suggested Assad could overturn his chemical weapons to the international community in response to a reporter’s question on how to prevent an intervention. Either his comments directly provoked the Russian plan or they were conveniently juxtaposed against the plan being made public. Whatever the case, Kerry’s comments make Russia’s plan that much more timely

and problematic to the Obama administration.

Since the US claimed to only be enforcing its “red line,” which Obama believes is a line agreed upon by the international community, Assad turning over his chemical weapons, put the US in a very tough spot. Obama will likely be forced to take the deal because not doing so would be politically and morally misguided. But in taking the deal, Obama takes away the only reason the US had for intervention — Assad’s possession of chemical weapons. If the intervention’s sole purpose was to prevent another chemical attack, an intervention no longer serves a purpose. Russia went right ahead and found a solution which benefits all parties involved and makes Russia a more credible broker of peace than the US.

Putin quietly out-maneuvered Obama and Kerry and in one daft political move removed all basis for intervention, improved Assad’s public image, and bought the Syrian government more time. The conflict is no closer to being solved, but now Russia is in a more powerful place than the US because they actually look like they’re trying to solve it. Essentially, Obama got in the ring with Putin, and underestimated him right up until the point where Obama was flat on his back.

If Assad is serious about turning over his chemical weapons, Obama takes the deal, which he probably will (or some version of it), and his administration will inevitably spin events as a win for the international community attributable to American diplomatic efforts. But the truth is, the US has never been

so irrelevant in an international dispute and Russia just proved its diplomatic superiority.

The problem with this plan for the US and the Syrian opposition is that the details of the exchange plan, along with the actual exchange of weapons, will take considerable time. In the meantime, more civilians die, Assad stays in power, and Russia retains control of the situation.

If there is any hope of gaining control of the conflict or even expediting the transfer of weapons, the US is going to have to do the unthinkable — seriously engage Russia, Iran and maybe even Assad. Of course, those engagements are unlikely, especially with Iran and Russia, but one can dream. Iran did let the Americans know about potential chemical weapons use, so maybe the US can get smart and reciprocate communication.

As usual, all of this political warfare between the East and West means little for Syrians suffering on the ground. The sad truth is, Syrians have taken a backseat throughout this conflict to politics. If humanitarianism was important to the US or Russia, the red line would have been civilian casualties and refugees, not an isolated use of chemical weapons.

If it was about the future of Syria, Russia would have used their leverage to prevent civilian deaths caused by government strikes, and the United States would not be thinking of conducting strikes that would embolden al-Qaeda.

If Obama has any chance of overcoming political obstacles to make a real difference on the ground in Syria, he needs to learn from Putin’s expert handling of the situation and re-align America’s moral compass in order to establish some basic credibility on the issue.

Getting schooled by Putin should have immediately removed any sense of American arrogance or superiority and brought them right back down to Earth.

Now, treat Putin as an equal, engage all parties involved and prove the US has Syria’s future in mind and is not just interested in political sparring with their Cold War adversary.

Win in Battle of Waterloo necessary



JODY WAARDENBURG LEAD PHOTOGRAPHER

The 33-20 loss to the York Lions on Saturday could raise the Hawks’ chances of missing the playoffs for the first time since 2002.

—cover

week is to play all four quarters and put four quarters together.”

Playing four quarters will be the biggest goal for Laurier, who will have a meeting with crosstown rivals, the Waterloo Warriors, this Saturday.

The game could potentially determine whether the Hawks will go 1-7, or flirt with a winless season for the first time in school history.

“In terms of what [Waterloo does], they’re very well coached on both sides of the ball,” Faulds said. “So [Warrior’s head] coach Paopao

is going to do great things on the offence, and the thing about them is that they’re coming off a win at Carleton.”

Faulds mentioned that his players will need to really cut down on turnovers and penalties, the two things that hurt the Hawks most against the Lions. From there, it’s just a matter of keeping his players’ spirits up.

“In terms of the guys’ spirit, they’re actually hanging in there. They’re doing really well,” he said. “What we’re going to try to do is really add the competitive level in practice and get everyone excited

about it and hopefully even more energy at practice. I’m not saying energy at practice has been an issue; it’s just that we need more. We need everyone, coaches, players alike to dig a little deeper.”

Faulds also asserted that despite being three games into the season, he’s not afraid to make changes to the roster and no one’s position is ever safe.

“We’re going to have to see how the week goes in terms of practices so we can see who may rise above other players,” he said. “Hopefully the competitive level at practice kind of falls in line with that.”

And while the record reads winless, Faulds refuses to let the energy and the tempo fade away.

“At the end of the day, [I] am able to look myself in the mirror and say ‘I did all I can do, what more can I possibly do,’ then I’m able to kind of handle being 0-3,” he said.

“But the fact that we’re grinding it out, we’re working extremely hard, we’re hitting the recruiting trails, we’re scripting everything in practice, we’re really well organized, it makes being 0-3 not quite as bad.

“Now, it’d be great to be 3-0 right now, 1-2, all of the above, but we’re not. So we have to deal with it.”

Remaining games



@ Waterloo Warriors
Date: Sept. 14
Last year: Laurier won 12-0



vs. Western Mustangs
Date: Sept. 21
Last year: Western won 56-3



vs. Windsor Lancers
Date: Sept. 28 (Homecoming)
Last year: Did not play Laurier



@ Queen's Gaels
Date: Oct. 5
Last year: Queen's won 42-16



v. McMaster Marauders
Date: Oct. 12
Last year: McMaster won 43-0

GOLDEN HAWK UPDATE

Week of
September 8-14, 2013

RECENT SCORES

09.04.13
W Soccer 3- Brock 1
M Soccer 2- Brock 2
M Baseball 5- Waterloo 0

09.05.13
M Baseball 17- Humber 3

09.07.13
M Football 20- York 33
W Soccer 0- Windsor 1
M Soccer 0- Windsor 0
W Rugby 14- Trent 17
M Rugby 0- Queen's 48

09.08.13
M Baseball 9- Brock 11
M Baseball 1- York 3

UPCOMING HOME GAMES

09.11.13
M Baseball vs. Ryerson
Bechtel Park 1:00p.m.

09.13.13
W Soccer vs. Guelph University Stadium, 6:00pm
M Soccer vs. Guelph University Stadium, 8:00pm

09.14.13
M Rugby vs Brock University Stadium, 1:00pm
M Baseball vs. Queen's Bechtel Park, 1:00pm
M Baseball vs. Queen's Bechtel Park, 4:00pm

LAURIER BOOKSTORE ATHLETES OF THE WEEK

Brett Harrington
Men's Soccer

Jessica Craig
Women's Soccer

www.laurierathletics.com
#WEAREHAWKS

Four years of growth for Ward



RYAN HUEGLIN PHOTOGRAPHY MANAGER

Fourth-year goaltender Katrina Ward has come a long way since her first year, and earned her first OUA athlete of the week honour.

SHELBY BLACKLEY SPORTS EDITOR

For a Surrey, B.C. native, Katrina Ward had no problem choosing Wilfrid Laurier University as her school.

“I came from a small school and [small] community feel,” she said. “I never came to visit [Laurier] until I came for tryouts, but it was just really neat and stood out from the ones that I applied to, so I just decided to go with it.”

And the fourth-year health sciences major and women’s soccer goalkeeper saw herself flourish from there. Being part of the Ontario University Athletics (OUA) championship team in her first year in 2010, Ward allowed herself to grow surrounded by experienced players.

“I’d say in first year, I came in with the mentality that I wanted to be the fittest,” Ward laughed. “And then I realized that fitness isn’t necessarily the key aspect for a goaltender. And I had to change my mentality.”

For Ward, mentality is everything. In her second year, she focused more on experience, learning from older players and getting to where she wanted to be as Laurier’s keeper.

But it wasn’t until third year that things really got going for Ward.

“And third year, something clicked. Mentality became the full focus. It didn’t matter if I missed a ball, it was something to learn for the next time,” she said. “It just clicked. It just started working.”

Ward started eight regular-season contests in 2012, finishing with a record of 5-2-1 before heading into the playoffs. In the OUA quarterfinal

against the Guelph Gryphons, Ward made 11 saves and allowed only one goal en route to a 5-1 victory and a berth in the OUA Final Four.

From there, Ward was spectacular. The No.6 nationally-ranked Hawks earned an OUA silver medal after defeating the Queen’s Gaels in the semifinal, 1-0. Ward stopped all 12 shots she faced through 120 minutes of action, before coming up big in the six rounds of penalty kicks. She then stopped 17 of 18 shots she faced in a 1-0 extra-time loss to the No.1 Ottawa Gee-Gees.

Fast-forward to 2013, Ward continued to excel in the first few games of the OUA season. While Laurier’s record sits at 2-1-1, Ward has only allowed two goals against her in four contests, and was named OUA athlete of the week following her first two shutouts of the season.

It’s the first time she’s been given the OUA honour.

“Honestly it came as such a surprise,” Ward said. “I wasn’t expecting it at all, but it was such an excitement. Very honoured to have it.”

In her fourth season, Ward mentioned that she has a lot of hopes for both herself and the Hawks.

“I just want us to have a successful year and reach our potential,” she said. “We have so much talent this year. I’d say out of all of the four years, probably some of the most raw talent on the team.”

“I just want to work on the mental stuff,” Ward continued. “I want to focus on the basics. Just go into practice like it’s the biggest game and hopefully that carries through. I grew up so much [at Laurier].”

GOLDEN HAWKS FOOTBALL



**LAURIER
VS
WESTERN**

SATURDAY, SEPTEMBER 21

1:00 PM

@ UNIVERSITY STADIUM

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KHA VO STAFF PHOTOGRAPHER

Men's soccer fought back to tie the Brock Badgers 2-2 Wednesday night in their home opener.

Laurier ranked No.7

Despite national ranking, Hawks focus on remainder of season

SHELBY BLACKLEY
SPORTS EDITOR

For Mario Halapir, the Wilfrid Laurier men's soccer team being nationally ranked isn't going to change the way he focuses on the rest of the season.

In fact, Halapir doesn't even look at the standings.

"I'm the wrong guy to ask about standings," the men's soccer head coach said. "They mean nothing to me. What your ranking is at this point in the season is [based] on four games. It's not an indication of anything, it's how you finish."

On Tuesday afternoon, it was announced that the Hawks were ranked No.7 in the Canadian Inter-university Sport (CIS) top ten rankings. This is the first time that men's soccer has been nationally ranked since September 14, 2010, when they were No.10 in Canada.

Last week, Laurier was not ranked in the CIS.

The news comes after WLU finished the week with two ties to the Brock Badgers and the Windsor Lancers to improve their record to 2-0-2 for the season.

Laurier currently sits second in the Ontario University Athletics (OUA) West division and third in the entire OUA conference, behind the York Lions and the Carleton Ravens.

"It's a tough one," Halapir said. "I'm very candid about my feelings

"It's not an indication of anything, it's how you finish."

—Mario Halapir, men's soccer head coach

about this and I don't want to jinx anything. But the league is a very competitive league. I think every game we play is going to be a great game. There's no two ways about it, we're off to a great start, but those games are in the past. Looking forward, we've got two tough games ahead of us, and our standing could change. We could go down four, five spots in the standings just after the weekend.

"I'm not saying that's what we're trying to do, [but] we have to perform."

Laurier's performance this season comes after an impressive finish to the 2012 year. After finishing sixth in the OUA West, Laurier met up with the Western Mustangs

in the first round of the playoffs. The Hawks stunned the third-place Mustangs, coming away with a 3-2 win and advancing to the quarterfinal, losing 1-0 to the No.1 Lions.

"The one thing for sure is that the atmosphere this year has been a lot better," Halapir said. "Their approach to training has been a lot better. We've said that from the beginning."

While the Hawks have gained national attention with their always-improving performance, Halapir continues to stress that his players must not get caught up in the external factors.

"It is a great achievement, I mean, but according to who? I mean, it's only based on the initial standings and that's all that it's based on. It's not based on anything else," he said.

"I'm not taking anything away from the performance, but the actual rankings could have a detrimental effect," Halapir continued. "I think the harder work starts now and it's going to be even harder now."

The Hawks will entertain the Guelph Gryphons Friday evening before hosting the Western Mustangs Sunday afternoon. Both the Gryphons and the Mustangs sit a point behind Laurier in the standings, tied for third with the McMaster Marauders.

"I hope the players see this more as a compliment and keep working harder and harder because the rankings mean nothing," Halapir said.



GOLDEN HAWKS

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#WEAREHAWKS

Competitive OUA factor for talented Hawks

SHELBY BLACKLEY
SPORTS EDITOR

On paper, the Wilfrid Laurier women's soccer team is a truly competitive team.

The team lost merely three starting players coming into the 2013 campaign, had a flawless recruiting class filling all the gaps, and as proved in their home opener against the Brock Badgers, they can also produce on the field.

However, a 1-0 loss to the Windsor Lancers on Saturday showed that the raw-talented Golden Hawks know they still have a few steps left to go.

"It was a disappointing result in Windsor," said assistant coach Niki Budalic. "The team came out flat, a little bit unprepared and [we] didn't show the fight or the grit we needed to get through a match like that."

The loss Saturday is women's soccer's earliest loss in the regular season since 2010, when Laurier dropped a 1-0 decision on Oct. 3, also to the Lancers.

However, later that year Laurier went on to win the Ontario University Athletics (OUA) gold medal and earn a silver medal in the Canadian Interuniversity Sport (CIS) championship.

"The OUA, like every year, it's a league that you can win or lose in any match if you're not focused,"

Budalic said. "So it's a matter of making sure we're always on the same page, we're prepared tactically and physically for each match and hopefully we'll be better after that."

As a consistent contender in the OUA and last year's silver medalists, Laurier will have to focus on their foundation in order to contend against the tougher contests in the rest of the regular season.

"I think we're just going to need to regroup and go through a few things at training, and hopefully have a positive reaction to it," Budalic said.

The Hawks proved their ability Wednesday evening in their home opener against Brock, when third-year striker Emily Brown led the way with two goals in a 3-1 victory.

Head coach Barry MacLean said that it was their best performance thus far in the season.

The Hawks currently sit at 2-1-1 for this season, and are ranked No. 9 in the country. Laurier is joined on the top ten rankings this week by the Queen's Gaels and Ottawa Gee-Gees of the OUA East, and this week's matchup, the Guelph Gryphons. Laurier also entertains the Western Mustangs in their weekend action.

Budalic believes that the Hawks will have to prepare for their weekend matchups in very different ways, however both games are crucial, as Guelph and Western sit

"The OUA, like every year, it's a league you can win or lose in any match if you're not focused."

—Niki Budalic, assistant coach women's and men's soccer

ahead of WLU in the standings. "Guelph and Western will likely be two different types of games," he said. "So it's just being able to prepare for the different types of games that we expect. We expect Western to be a very up-tempo game and competitive. They're undefeated this year and they played us very, very tough last year so we expect our hands to be full."

"And then Guelph will be difficult in a different way. It'll be a little bit more thinking, and they're dangerous on the counter, and the different approaches."

Laurier will play Guelph on Friday at 6 p.m., and will host Western on Sunday at 1 p.m. Both games will be played at University Stadium.



KHA VO STAFF PHOTOGRAPHER
Women's soccer defeated the Brock Badgers 3-1 in the home opener Wednesday evening.

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KOI MUSIC FESTIVAL
SEPTEMBER 13-15, 2013







Joni NehRita's Quintet @ The Jazz Room [19+]
Joni NehRita's groove is drawn on that line where classic soul and swing jazz fuse. Her voice speaks soul, her soul speaks of her music, and the warmth that she brings... [see grandsocial.ca for more info](#)
Posted by [The Jazz Room](#) | Friday Sept 27 - 08:30PM




THEMUSEUM 10th Anniversary [ALL AGES]
We want to thank you for supporting us for the past 10 years with a reunion featuring guest speaker, Eddie Friel, Order of the British Empire ... [see grandsocial.ca for more info](#)
Posted by [THEMUSEUM](#) | Thursday Sept 8 - 06:30pm




New Hamburg Fall Fair [ALL AGES]
For more than 160 years the Wilmot Agricultural Society has educated the public about agricultural and rural affairs in a fun, family-friendly environment... [see grandsocial.ca for more info](#)
Posted by [Wilmot Agricultural Society](#) | Thursday Sept 12 - 15 - 04:00PM




Doors Open Waterloo Region [FREE]
FREE heritage and architecture tour. Discover the secret places of Waterloo Region! Free admission, children's activities, music, drama presentations, walking tours ... [see grandsocial.ca for more info](#)
Posted by [Doors Open Waterloo Region](#) | Saturday Sept 21 - 10:00AM




Wellesley Apple Butter Festival [ALL AGES]
Every great festival is built on great food, great events, and great fun! In Wellesley, the food begins with a pancake breakfast at the crack of dawn & continues with a smörgåsbord...[see grandsocial.ca for more info](#)
Posted by [Wellesley ABC Festival](#) | Saturday Sept 28 - 7:00AM




Cambridge Studio Tour and Sale [ALL AGES]
Cambridge is bursting with many talented artists. Visit their studios, meet the artists, see their work and pick up something special as a gift or for your home...[see grandsocial.ca for more info](#)
Posted by [Cambridge Studio Tour](#) | Sunday Sept 22 - 12:00PM




10th Annual Traditional Pow Wow
Saturday, September 28, 2013
Every year in the fall, the Waterloo Aboriginal Education Centre hosts a traditional Pow Wow on the grounds of St. Paul's. We celebrate elements of traditional Aboriginal culture...[see grandsocial.ca for more info](#)
Posted by [Waterloo Aboriginal Education Centre](#) | Saturday Sept 28 - 10:00AM



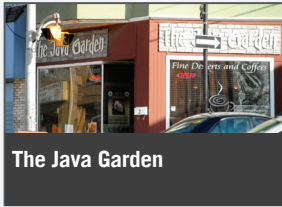
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The Courtyard



Nith River Chop House



The Java Garden



Starlight Nightclub

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Grand Social is a Creative Enterprise Initiative project that grew out of Waterloo Region's desire to create a community that fosters outstanding artistic endeavor and creative enterprise.
[CreativeEnterprise.ca](#)